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1. 遵守规则

全文翻译 1：遵守规则论述类题目写作要点

Some people think that children should obey the rules or do what their parents and teachers want them to do. Other people think children controlled too much cannot deal with problem themselves in adulthood.

Discuss both views and state your own opinion.

孩子们要在家里或学校遵守不同的规定。严格的纪律有时很重要，但我认为这会对孩子的问题解决能力产生不利的影响。

有些人坚决主张强加规则，因为规则可以让孩子**对自己的行为负责**，帮助他们从小就发展**良好的行为模式**。与成年人不同，儿童通常不了解不良行为的后果，制定规则可以帮助他们认识到如何以社会接受的方式行事。例如，如果大人要求，他们可以学习如何打招呼，提出礼貌的请求，并表示礼貌。另外，规则也可以禁止不当的行为，如欺凌，亵渎，考试作弊，在课堂上打断教师。

然而反对者认为，规则可以限制**问题解决技能**的发展，如果那些建立严格规则的父母优先考虑孩子的服从。孩子将严重依赖规则，可能无法独立**解决问题**。例如，一些规则可能决定孩子每天应该做什么，但是当孩子进入劳动力队伍时，他们可能不知道如何在没有父母指示的情况下管理时间，也不能应付自己的工作要求。他们不可能在事业上取得成功。

我认为严格的规定会扼杀**孩子的创造力**，不能以不同的方式解决问题。他们不敢将自己的想法付诸实践，怕违背规则就受到惩罚。例如，一些教师要求学生遵守严格的散文写作规则，其结果是孩子不会以其他方式表达自己想法的结果。现实世界中的问题是复杂的，不能用想象力去解决这些问题。

英文全文

Children are expected to obey different rules either at home or at school. Strict discipline is sometimes important, but I would argue that it would have an adverse impact on children's problem-solving abilities.

Some people are strong advocates of imposing rules because rules can hold children accountable for their behaviour and help them develop good behaviour patterns from an early age. Unlike adults, children are normally not aware of the consequences of bad behaviour, and setting rules can help them realise how to behave in a socially acceptable way. For example, they can learn how to greet others, make polite requests and show table manners, if they are required by adults to do so. In addition, rules can also forbid inappropriate behaviours such as bullying, using profanity, cheating in exams and interrupting teachers during a lesson.

Opponents, however, argue that rules can limit the development of problem-solving skills if those parents who establish strict rules give priority to children's obedience. Children will rely heavily on rules and may not be able to solve problems independently. For instance, some rules may dictate what children should do every day, but when children enter the workforce they may not know how to manage time without the instructions of their parents and cope with the demands of work themselves. They are unlikely to achieve success in their careers. In my view, strict rules can stifle children's creativity and they are not able to solve problems in different ways. They dare not put their ideas into practice, since they are afraid of being punished if they disobey rules. Some teachers, for example, require students to abide by strict essay writing rules, and the consequence is that children will not come up with creative ideas or express their ideas in other ways. The problems in the real world are complex and they cannot tackle these problems without using imagination.

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