






Adversity and Courage

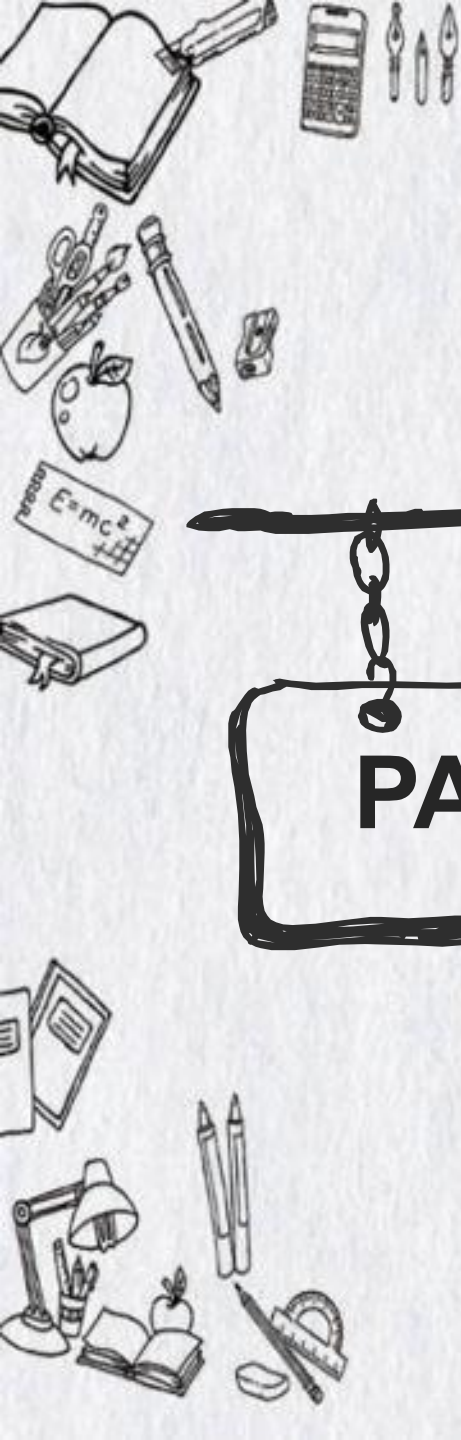
Unit 4



目录

1. 基础知识排查 
2. 核心考点突破 
3. 写作能力提升 





PART 01

基础
知识排查

速记——词汇句型背诵

I. 认阅读单词

1

adversity

n. 困境；逆境

expedition

n. 探险；远征；探险队

endurance

n. 忍耐力；耐久力

cupboard

n. 橱柜；壁橱；衣柜

steward

n. (轮船、飞机或火车上的) 乘务员；服务员

crush

vt. 毁坏；压坏；压碎

n. 拥挤的人群



stove

n. 炉具；厨房灶具

banjo

n. 班卓琴(乐器)

voyage

n. & vi. 航海；航行

navy

n. 海军；海军部队

decent

adj. 相当不错的；正派的；得体的

cosy

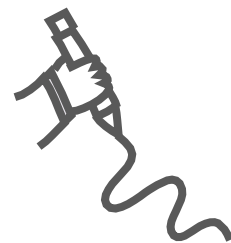
adj. 温馨的；舒适的

crew

n. (轮船、飞机等上面的)全体工作人员；专业团队；一群人

rugby

n. 橄榄球运动



15

corporate

*adj.*公司的；法人的；社团的

16

navigator

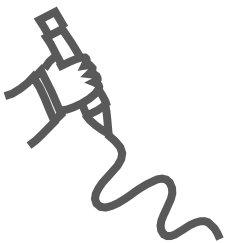
*n.*领航员；(飞机、船舶等上的)航行者

episode

n.(人生的)一段经历；(小说的)片段；插曲

motive

*n.*动机；原因；目的



II. 记重点单词

wage

n. 工资

bitter

adj. 严寒的；激烈而不愉快的；味苦的

vigour(= vigor)

n. 精力；力量；活力

sink

vi. (sank/sunk, sunk) 沉没；下沉；下降

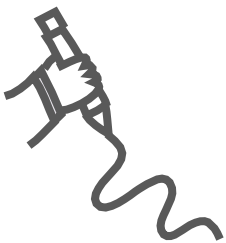
vt. 使下沉；使沉没

abandon

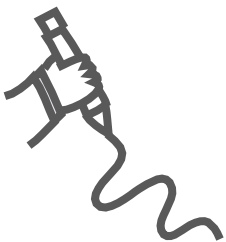
vt. 舍弃；抛弃；放弃；遗弃

blanket

n. 毯子



miserable	<i>adj.</i>痛苦的；令人难受的
good/bad-tempered	<i>adj.</i>脾气好的/坏的
genuine	<i>adj.</i>真正的；真诚的；可信赖的
thorough	<i>adj.</i>深入的；彻底的；细致的
furniture	<i>n.</i>家具
bark	<i>vi.& n.</i>(狗)吠叫；吠叫声；厉声质问
bat	<i>n.</i>球拍；蝙蝠
	<i>vi.& vt.</i>用球板击球；挥打；拍打



damp

*adj.*潮湿的；湿气重的

recreation

*n.*娱乐；消遣；游戏

nephew

*n.*侄子；外甥

rough

*adj.*汹涌的；粗糙的；粗略的

motor

*n.*发动机；马达

*adj.*有引擎的；机动车的

candidate

*n.*候选人；应试者



III. 知拓展单词

1

qualified

*adj.*符合资格；具备.....的知识(或技能、学历等)

→ **qualify**

v.(使)具有资格；(使)合格

→ **qualification**

*n.*资格；资历；资格证书

enthusiastic

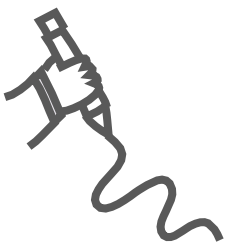
*adj.*热情的；热心的

→ **enthusiastically**

*adv.*热情地

→ **enthusiasm**

*n.*热情；热忱



aboard

*adv.& prep.*上(船、飞机、公共汽车等)

→**board**

*v.*上船(或火车、飞机、公共汽车等)；寄宿

*n.*木板；董事会；伙食

assign

*vt.*分派；布置；分配

→**assignment**

*n.*任务；作业；分配

envy

*n.& vt.*羡慕；妒忌

→**envious**

*adj.*忌妒的；羡慕的

belongings

*n.[pl.]*财物；动产

→**belong**

*vi.*属于；应在(某处)



selfish

*adj.*自私的

→ **selfishly**

*adv.*自私地

→ **selfishness**

*n.*自私

perseverance

*n.*毅力；韧性；不屈不挠的精神

→ **persevere**

*vi.*坚持；孜孜以求

resolve

*vi.& vt.*决定；决心；解决(问题或困难) *n.*

决

心；坚定的信念

→ **resolution**

*n.*决议；解决；坚定；决心



cruel

*adj.*残酷的；残忍的；冷酷的

→ **cruelly**

*adv.*残忍地；残酷地

→ **cruelty**

*n.*残忍；残酷

unfortunately

*adv.*不幸地；遗憾地

→ **fortunately**

(反) *adv.*幸运地

→ **fortune**

*n.*运气；财产

→ **fortunate**

*adj.*幸运的

guidance

*n.*指导；引导；导航

→ **guide**

*n.*导游；指南 *vt.*带领；引导；为……领路



advertising

*n.*广告活动；广告业

→ **advertise**

*vt.& vi.*公布；宣传；做广告

→ **advertisement**

*n.*广告；宣传

loyal

*adj.*忠诚的；忠实的

→ **loyalty**

*n.*忠诚；忠实

commitment

*n.*承诺；保证；奉献

→ **commit**

*vt.*犯(错误、罪行等) *vi.& vt.*(使)承担义务；
(使)作出保证

→ **committed**

*adj.*尽心尽力的；坚定的



mess

n. 凌乱

midnight

n. 午夜

mild

adj. 温和的；轻微的

mineral

n. 矿物质，矿物

minister

n. 部长；牧师

minority

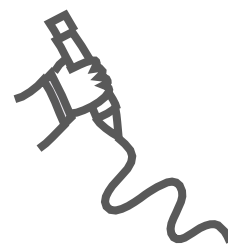
n. 少数；少数民族

misleading

adj. 误导性的

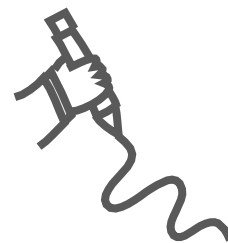
mixture

n. 混合；混合物



IV.背核心短语

turn sb down	拒绝(某人)
make fire	生火
give off	放出(热、光、气味或气体)
dream of/about	梦想
at the age of	在.....岁时
be enthusiastic about	对.....充满热情



become/be stuck in

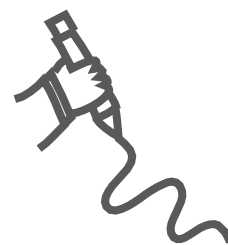
陷于

throw away **扔掉**

manage to do sth

设法做成某事

go from bad to worse **每况愈下**



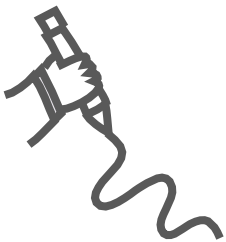
V. 悟经典句式

Below are some of Blackborow' s diary entries.(全部倒装)

以下是布莱克博罗的一些日记摘录。

Before we abandoned the ship , Shackleton calmly called us together and told us to rescue our most essential supplies—the small boats , our food , the cook stove , candles , clothes , and blankets.(before引导的时间状语从句)

在我们弃船之前，沙克尔顿镇定地把我们召集在一起，告诉我们要抢救最需要的供给品——小船、食物、炉子、蜡烛、衣服和毯子。



How could I become as selfish and bad-tempered as Thomas Orde-Lees ! (as...as...)

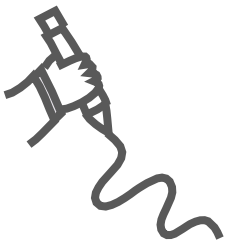
我怎么能变得像托马斯·奥德利斯一样自私和脾气暴躁呢！

It will eventually lead to success as long as you persevere.(as long as 只要)

只要你坚持，最终就会成功。

If it weren' t for sea animals , we would all starve.(if引导的虚拟条件句)

要是没有海洋生物，我们都得挨饿。



填词——语境词汇串记

请先从表格中选用本单元所学词汇完成下列短文，然后核对答案并背诵该短文。

qualified , resolve , aboard , fortunate , sink ,
enthusiastic

Born in a wealthy family , my nephew , Jack , leads such a thoroughly decent and cosy life that he hardly meets with cruel adversities. He has been dreaming of an adventure since he was young. At 18 , Jack 1. _____ to join an expedition advertised in the newspaper , but the leader turned him down because he

qualified , resolve , aboard , fortunate , sink ,
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Jack never abandoned his dream for he was so 3. _____
about a great voyage. At 19 , he joined the navy and was
assigned to be a steward with low wages. On a bitter cold day ,
the crew went 4. _____ a massive ship bound for Atlantic
Ocean. Jack was genuine , good-tempered and loyal and he
wasn' t selfish , either. He often played the banjo for
recreation. So those who were on the ship all liked
him. Unfortunately , one day , the motor broke down and the
ship got crushed on a huge iceberg. When the ship sank , their

qualified , resolve , aboard , fortunate , sink ,

enthusiastic

the calm captain made a commitment to save them and commanded them to throw away their belongings such as stoves , blankets , bats , cupboards and other pieces of furniture. Finally , they were 6. _____ enough to escape the ship. It was their endurance , resolution and perseverance that helped them survive. On the distant island , Jack managed to make fire with animal fat , which gave off a smelly smell and then he cooked sea animals. One month later , they were saved by a passing ship. In summary , it has been a miserable but

核 心

考点突破

提示：题干中加底纹词汇为本单元词汇

1

enthusiastic

*adj.*热情的；热心的(enthusiastically *adv.*热情地；热心地 enthusiasm *n.*热情；热忱)

- **be enthusiastic about(doing)sth 对(做)某事热情**
- **lack/be full of enthusiasm缺乏/充满热情**
with enthusiasm(= enthusiastically)热情地



(1) He is selfish and bad-tempered and thus , he will never be enthusiastic

_____ helping those in trouble.

(2) 我不仅充满热情而且容易相处，这使得我能胜任报纸上所刊登的志愿者工作。(申请信之个人优势)

I am not only full of enthusiasm but also easy to get along/on with

, which makes me qualified for the voluntary work advertised in the newspaper.

(3) 尽管失败了几次，伯纳德和约翰仍然热情地做爆米花。

made popcorn enthusiastically/with enthusiasm

(2020·新高考全国 I ，读后续写)



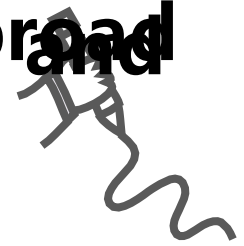
aboard

*adv.& prep.*上(船、飞机、公共汽车等)[*board vt.& vi.*上船(或火车、飞机、公共汽车等) *n.*木板；董事会；伙食 *broad adj.*宽阔的；广阔的 *abroad adv.*在/到国外；在/到海外

- go aboard 上船(飞机、火车等)
- on board 在船(火车、飞机等)上
- go abroad 出国

(1)他身材高大，肩膀宽阔，留着胡子，总是满面笑容。(读后续写之外貌描写)

He is tall with broad shoulders _____ and wears a broad
 always _____



(2)得知你将去国外深造，我写信告知你一些必要的注意事项。(应用文写作之告知信)

Learning that you will go abroad for further study , I' m writing to inform you of some necessary do' s and don' ts.

(3)这对年轻夫妇一上船，他们就吃东西、说话、大笑，好像他们是这世界上仅存的人。

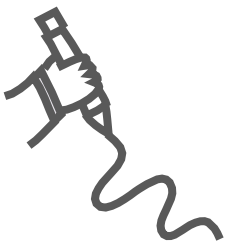
①The instant the young couple went aboard the ship , they were eating , talking and laughing loudly as if they were the only people in the world.

②The instant the young couple boarded the ship , they were eating, talking and laughing loudly as if they were the only people in the

envy

n.& vt. 羡慕 ; 妒忌 (*envious adj.* 忌妒的 ; 羡慕的)

- **with envy** 羡慕地 ; 忌妒地
green with envy 忌妒地眼红 ; 十分羡慕/
忌妒
- **envy sb (doing) sth** 羡慕/妒忌某人(做)某
事
- **be envious of** 羡慕 ; 妒忌



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