

---

## 滨州市阳信县城小学教师职业幸福感调查研究

**摘要：**教师职业幸福感是教师生活的重要内容，也是衡量教师工作质量和生活状态的重要标准，关注这一课题，对于提高教育质量，促进社会和谐发展具有重要意义。本研究采取文献分析法、问卷调查法和访谈调查法相结合的研究方法，以滨州市阳信县城三所小学的 221 名小学教师为研究对象展开研究。

调查研究结果显示：小学教师的总体幸福感水平较低，教师幸福感缺失的原因主要表现在学校的管理不当，对教师的评价方式存在不合理之处，教师日常的工作任务机械繁琐并且身心压力较大，教师的薪资达不到期望水平，教师的专业得不到更好的发展等方面。

根据研究结果，本研究提出以下建议：教师注重专业水平的提升，学校形成合理的评价制度和有效管理，社会大力支持教师发展等相应策略。

**关键词：**小学教师；职业幸福感；现状分析；提升建议

---

## **A Survey of Primary School Teachers' Occupational Happiness in Yangxin County of Binzhou City**

**Absrtact:** Teachers' professional well-being exerts a significant role in teachers' lives, and it is also a crucial standard to measure teachers' work quality and living conditions. Attention to this subject is essential for boosting the quality of education and promoting the harmonious development of society. This research uses a combination of literature analysis, questionnaire survey and interview survey. The research was conducted on 221 elementary school teachers in three elementary schools in Yangxin County, Binzhou City.

The results of the survey represent that teachers have low levels of well-being. The trigger for the lack of teacher happiness is mainly manifested in the improper management of the school, and there are unreasonable evaluation methods for lecturers, teachers have more stressful tasks and the salary of teachers can't reach the expected level, and the professional can not get better development and other aspects.

According to survey, this study puts forward suggestions. The main measures include that educators give priority to the improvement of professional standards, schools forming a reasonable evaluation system and effective management, and the society strongly supports teacher development and other strategies.

**Key words:** Primary school teachers; Professional happiness; Analysis of the current situation; Promotion suggestion

---

## 目 录

引 论 .....	1
(一) 研究缘起 .....	1
(二) 概念界定 .....	1
(三) 研究意义与价值 .....	2
(四) 国内外研究现状 .....	2
一、研究方法 & 取样 .....	6
(一) 研究对象与取样 .....	6
(二) 研究方法 .....	7
二、研究结果与分析 .....	8
(一) 问卷调查对象基本情况分析 .....	8
(二) 阳信县城小学教师总体幸福感现状 .....	9
(三) 阳信县城小学教师职业幸福感体验现状 .....	10
(四) 教师获得与缺乏幸福感的原因 .....	12
三、建议与对策 .....	18
(一) 教师自身注重全面提升 .....	18
(二) 学校要加强有效管理和评价 .....	19
(三) 社会要提供大力支持 .....	20
结 论 .....	21
参考文献 .....	22
谢 辞 .....	23
附 录 .....	24

---

以上内容仅为本文档的试下载部分，为可阅读页数的一半内容。

如要下载或阅读全文，请访问：

<https://d.book118.com/087123143105006131>