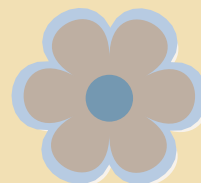
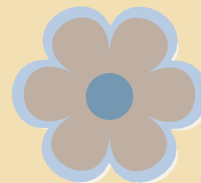
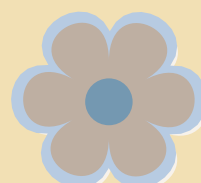
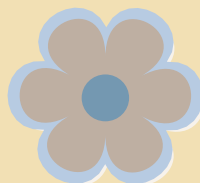
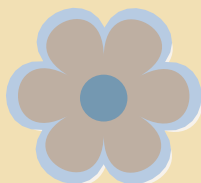




# UNIT 5 FIRST AID

选择性必修第二册



# Part 1 核 心要点突破

佳作抢鲜背

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● Part 2 基础达标检测  
双写培优练



01

# 佳作抢鲜背



精彩范文

迁移运用



## 学写作思路，背精彩范文(报道——急救)

昨天你在回家途中看到一个年轻人在路边对晕倒的老人进行急救。请你写一篇报道刊登到校英语报上。内容包括：1. 时间和地点；2. 事情的经过；3. 你的感想。



## 精彩范文

Yesterday, I **came across** an emergency **where** a young man gave first aid to an old man on the roadside.

At about 6 pm, I **was walking** home **when** I found there was a small **crowd**. **Out of curiosity**, I walked forward **only to find** an old man lying on the ground. Just at that time, a young man rushed forward and began to **give first aid to** the old man. After a while, the old man recovered his breath and opened his eyes. Seeing this, everyone **clapped their hands**. Then an ambulance arrived and **rushed him to the hospital**. The doctors praised the young man for his quick and proper action.

I think he has **set a good example to** us.



## 迁移运用

每日句型练透: be doing... when...

1. I was watching TV when I heard a knock on the door.

我正在看电视, 在那时听到有人敲门。

2. He was walking on the street when suddenly it began to rain.

他正在街上走着, 突然开始下雨了。

3. She was thinking about the problem when Tom patted her.

她正在考虑那个问题, 这时汤姆拍了拍她。





# Part 1 核心要 点突破

**热考词汇**

**经典句式**



## 热考词汇

1. ease *vi.* & *vt.* (使)宽慰; 减轻; 缓解 (relieve) *n.* 容易; 舒适; 自在

以练促学 补全句子

① Through \_\_\_\_\_ the \_\_\_\_\_ obtain a large quantity of learning materials with ease \_\_\_\_\_ we can \_\_\_\_\_

\_\_\_\_\_ . (发言稿, 2021 · 全国乙卷)

我们可以通过互联网轻松地获得大量学习资料。 at ease

② A gentle smile danced around the corners of her mouth,

\_\_\_\_\_ . (情绪描写)





## 用法归纳

· feel/look at ease 感到/看上去心情放松

put sb at ease 使某人放松

with ease 轻松地；熟练地

· ease sb of sth 减轻某人的(痛苦、负担等)

佳句背诵 Playing basketball is a good way to ease our great study pressure and bring some pleasure at the same time. (建议信)

打篮球是缓解我们巨大学习压力同时也能带来一些乐趣的好方法。



2. delay *vi.* & *vt.* 推迟; 延期(做某事) *vt.* 耽误; 耽搁 *n.* 延误; 耽搁(的时间); 推迟→delayed *adj.* 延时的

以练促学 单句语法填空/补全句子

①He delayed telling (tell) her the bad news, waiting for the right moment.

②When the delayed (delay) flight will take off depends on the weather. \_\_\_\_\_ to inform us in advance of his delay

③It \_\_\_\_\_ was \_\_\_\_\_ considerate \_\_\_\_\_ of \_\_\_\_\_ you

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in case we got worried.



## 用法归纳

- delay doing sth 推迟做某事
- without (any) delay 毫不延迟地, 立即

佳句背诵 Immediately, she jumped out of her car and ran to Sam without any delay.

她立刻跳下车, 毫不耽搁地向萨姆跑去。



3. panic *vi.* & *vt.* (panicked, panicked, panicking) (使) 惊慌 *n.* 惊恐; 恐慌

以练促学 补全句子

① \_\_\_\_\_ Jane got into a panic \_\_\_\_\_ (简陷入恐慌

), and her heart beat so violently that she felt nearly suffocated. (心理描写) panicked me into screaming

② The roar of the wild wolf hurried home in panic

(吓得我尖叫起来). (心理描写)

③ I was so scared and



## 用法归纳

▪ panic sb into doing sth 使某人仓皇行事

▪ get into a panic 陷入恐慌

in panic 惊慌失措地；处在恐慌中

## 佳句背诵

Panic seized her. She felt the blood in her body froze rapidly. (情绪描写)

她惊慌失措，感觉自己的血液都快速凝固起来。



4. desperate *adj.* 绝望的；孤注一掷的；非常需要的→desperately *adv.* 绝望地；拼命地；极严重地；非常需要→desperation *n.* 绝望

以练促学 单句语法填空/一句多译

① They could not afford to pay for transportation for their dog, ~~Tippy,~~ and desperately (desperate) wanted to take her with them. (2023·新高考II卷)

② 看到考试的结果，我是如此绝望，以至于我感觉好像被扔进了黑暗的世界。  
(心理描写) I was so desperate that I felt as if I were

→ ~~Seeing~~ thrown into a world of darkness the result of the exam,  
so desperate was I that I felt as if I were

thrown into a world of darkness

→ Seeing the result of the exam,



## 用法归纳

be desperate for sth 渴望某物

be desperate to do sth 渴望做某事

佳句背诵 Desperate for the chance to be a volunteer, I do hope you can offer me the precious opportunity. (申请信)

我渴望有机会成为一名志愿者。我的确希望您能给我这个宝贵的机会。

[联想] 表示“渴望某物/做某事”的短语还有：

be eager for sth/to do sth, be anxious for sth/to do sth, long for sth/to do sth, be dying for sth/to do sth



5. help sb to one's feet 帮助某人站起身来

以练促学 补全句子

① While running, David tripped over a stone, but he  
struggled to his feet (挣扎着站起来)

and kept running towards the finish line. Almost all the audience  
rose to their feet (站起来), cheering for him. (2022·新高考I卷)

② She jumped to her feet (跳起来) from her seat and  
stamped her feet (跺脚) in anger, not uttering a word. (心理描写)





## 用法归纳

jump/leap/spring to one' s feet 跳起来

rise to one' s feet 站起来，起身

struggle to one' s feet 挣扎着站起来

stand on one' s own (two) feet 自立，独立

stamp one' s foot 跺脚

佳句背诵 Helped to his feet, the disappointed and frustrated man dragged his feet back home. (动作描写)

这个既失望又沮丧的人被扶着站起来，慢腾腾地回家了。



## 6. out of shape 健康状况不好；变形

### 以练促学 补全句子

① What's more, you can try different kinds of workouts, such as jogging, biking, or swimming, ~~which~~ <sup>keep your whole body in shape</sup> can help

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(保持你的整个身体健康). (2023·浙江1月卷) shapes our lives

② It's not what we do in a while

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(影响我们的一生), ~~but what we do~~ <sup>in the shape of a monkey</sup> consistently. (主旨升华)

③ For my fifth birthday, my mother baked me a cake



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