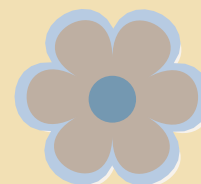
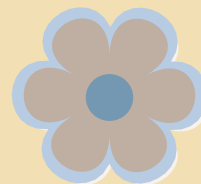
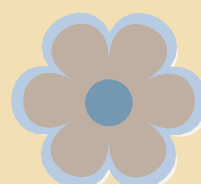
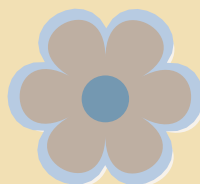
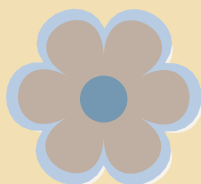




UNIT 4 ADVERSITY AND COURAGE

选择性必修第三册



Part 1 核 心要点突破

佳作抢鲜背

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● Part 2 基础达标检测
双写培优练



01

佳作抢鲜背



精彩范文

学习借鉴



学写作思路，背精彩范文(人与自然——历险脱困)

简因与丈夫吵架后负气出走，在林中迷路，通过几次努力也没能找到回营地的路线。太疲惫了，她不知不觉地睡着了……



精彩范文

It was daybreak when Jane woke up. Weak as she was, she struggled to her feet, continuing searching for assistance. To her great joy, a helicopter was flying overhead again and again. Eager and excited, she flagged her yellow blouse and spared no effort to yell so as to attract others' attention. Fortunately, she was eventually noticed and brought into the helicopter. There, she saw her husband, a man staring at her, wearing an expression of relief. As tightly as possible, she hugged him and was too thrilled to say anything. Besides, they agreed never to quarrel again, determining to live the life to the fullest.



学习借鉴

1. 富有感染力的形容词/副词/词组

fortunately, eventually, as tightly as possible, was too thrilled to, to the fullest

2. 精彩的动词和词组: struggled to her feet, flagged, spared no effort to, attract others' attention, staring at



3. 提分高级句式

(1) 倒装句: Weak as she was, ...

(2) 现在分词短语作伴随状语

① continuing searching for assistance

② wearing an expression of relief

③ determining to live the life...

(3) 形容词短语作状语:

Eager and excited, ...

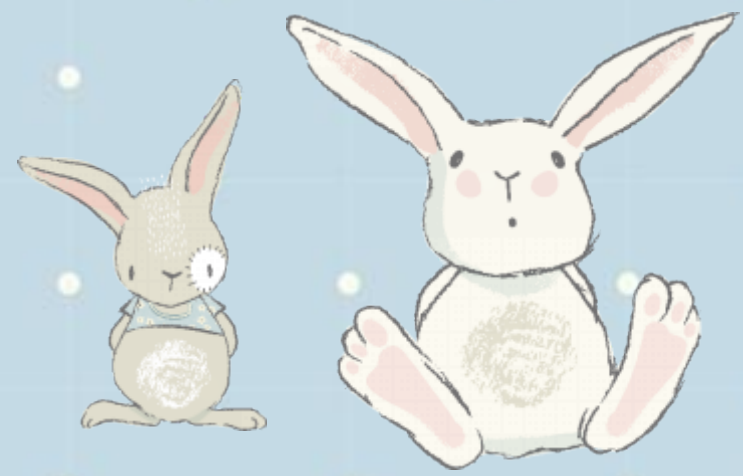




Part 1 核心要 点突破

热考词汇

经典句式



热考词汇

1. enthusiastic *adj.* 热情的; 热心的 → enthusiastically *adv.* 热情地; 热心地 → enthusiasm *n.* 热情; 热心

以练促学 单句语法填空/补全句子

① He is selfish and bad-tempered. Thus, he will never be enthusiastic ^{about} _____ helping those in trouble.

② Inspired by the enthusiasm (enthusiastic) and encouragement, David quickened his pace in high spirits. (2022 · 新高考 I 卷)

③ Bernard _____ and John _____ made popcorn enthusiastically/with enthusiasm _____ in spite of several failures. (2020 · 新高考 I 卷)

尽管失败了几次，伯纳德和约翰仍然热情地做爆米花。



用法归纳

▪ be enthusiastic about (doing) sth 对(做)某事有热情

▪ lack/be full of enthusiasm 缺乏/充满热情

with enthusiasm=enthusiastically 热情地

佳句背诵 I am not only enthusiastic but also easy to get along with, which makes me qualified for the voluntary work advertised in the newspaper. (申请信)

我不仅热情而且容易相处，这使得我适合报纸上所刊登的志愿者工作。



2. envy *n.* & *vt.* 羡慕; 妒忌 → envious *adj.* 妒忌的; 羡慕的

以练促学 单句语法填空/补全句子

① I envied (envy) him being enthusiastic and full of energy and it seemed that he never felt exhausted.

② I am envious (envy) of you, because you are leading such a cosy and decent life.

③ Not only is Li Ming quick at learning but also he is good at solving tough problems. I am green with envy of his logical mind. _____.

李明不仅学得快, 而且善于用逻辑思维解决难题, 我十分羡慕。



用法归纳

▪ envy sb sth 羡慕/妒忌某人有某物

envy sb doing sth 羡慕/妒忌某人做某事

▪ with envy 羡慕地；妒忌地

out of envy 出于妒忌

be green with envy 妒忌得眼红

▪ be envious of... 羡慕/妒忌……

佳句背诵 Honestly speaking, I do envy you getting the title of the Excellent Graduate and I should follow your example.

老实说，我真羡慕你获得了优秀毕业生的称号，我应该向你学习。



3. sink *vi.* (sank/sunk, sunk) 沉没；下沉；下降；倒下；坐下；(心情)沮丧，(情绪)低落 *vt.* 使下沉；使沉没 *n.* 洗涤槽，水槽

以练促学 单句语法填空/补全句子

① With a sinking (sink) heart, he dragged his feet home.

② She murmured her thanks and sank/sunk (sink) down into her chair.
Her heart sank/sunk

③ _____ . She felt seized by a burst of sadness and couldn't hold back her tears. (情绪描写)

她心情沉重，突然感到很悲伤，忍不住落下泪来。



用法归纳

sink into/down/back 颓然坐下/重重倒下/向后倒下

sink into sth 渐渐进入(消极、不快等)状态

one's heart sinks/spirits sink 心情沉重; 情绪低落

a sinking feeling/ship 颓丧感/沉船

佳句背诵 The moment his head hit the pillow, he sank into a deep sleep. (动作描写)

他的头一碰到枕头，就沉沉地睡去了。



4. abandon *vt.* 舍弃；抛弃；放弃；沉湎于 *n.* 尽情；放任 → abandoned *adj.* 被遗弃的；放纵的

以练促学 单句语法填空/补全句子/句式升级

① The one in the new environment should be sympathetic to the fact that your friend ^{abandoned} may feel _____ (abandon). (2022·全国乙卷)

② His last word went like ^{She burst into tears and} a ^{bullet} to ^{her} heart. _____ abandoned herself to despair

_____ . (情绪描写)

他最后一句话太扎心了。她大哭起来，陷入绝望。

③ I abandoned myself to computer games. I performed extremely badly in the end-of-term examination. ^{Abandoned to computer games}

→ _____ , I performed extremely badly in the end-of-term examination. (形容词短语)



用法归纳

▪ abandon oneself to (doing) sth 沉湎于(做)……; 纵情于(做)……

abandon doing sth 放弃做某事

▪ with abandon 放纵地, 放任地

▪ be abandoned to (doing) sth 沉湎于(做)……

佳句背诵 We sang, danced, and laughed with abandon, forgetting the troubles in our lives.

我们放纵地唱歌、跳舞、大笑, 忘却了生活中的烦恼。

Smile abandoned her lips and her heart missed a bump. (情绪描写)

微笑从她的嘴角消失了, 心跳仿佛漏跳了一拍。



5. resolve *vi.* & *vt.* 决定；决心；解决（问题或困难） *n.* 决心；坚定的信念

→ resolution *n.* 决议；解决；坚定

以练促学 单句语法填空/补全句子

① They made a resolution to lose (lose) all the weight gained during the Christmas holidays.

② Cultural relics represent the wisdom of our ancestors, so our country has resolved to spare no effort to protect them.

文化遗产代表我们祖先的智慧，因此我们国家已经决定不遗余力地保护它们。



用法归纳

- resolve to do sth 决定做某事
- make a resolution to do sth 下定决心做某事

佳句背诵 To resolve conflicts, we should learn to communicate more and put ourselves in others' place. (建议信)

为了解决冲突，我们应该学会多沟通，设身处地地为他人着想。



经典句式

1. 句型公式: as... as...

【教材原句】 How could I become as selfish and bad-tempered as Thomas Orde-Lees!

我怎么能变得像托马斯·奥德利斯一样自私和脾气暴躁呢!

以练促学 补全句子

① As far as I am concerned, the book is ~~not as~~ ^{so} interesting as yours ~~is~~ ^{third}.

在我看来,这本书没有你~~认为的~~那么有趣。 twice as much time and energy as she did before

② We have devoted _____, so I am greatly convinced that we will succeed.

我们投入的时间和精力是她以前的两倍,所以我深信我们能成功。



用法归纳

“as + *adj.* / *adv.* + as...” 意为“和……一样……”，表示同级比较，还有如下用法：

- 否定式：not as/so + *adj.* / *adv.* + as...
- 倍数 + as + *adj.* / *adv.* + as...
- 倍数 + as much/many + *n.* + as...

佳句背诵 He is as hard-working as me, so he has made as much progress as me.

他和我一样勤奋，因此，他已取得了和我一样大的进步。



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