

Unit 1

What's the matter?

Section B & Self Check



Section B



Follow

me:

Everybody moves your body

Nod your **head** and touch your **face**

Touch your **nose** and close your **eyes**

Touch your **ears** and clap your **hands**

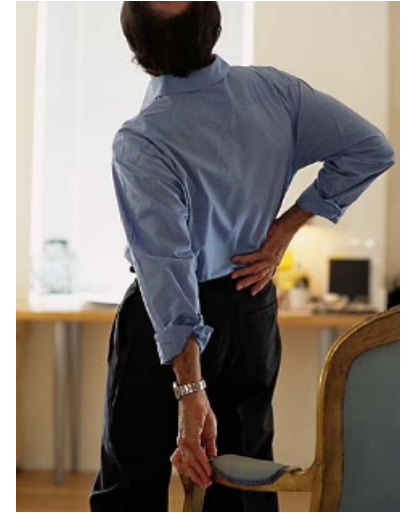
Raise your **arms** and look at your **back**

Touch your **stomach** and tap your **foot**

Sit down and move your **legs**



Ask and answer



A: What's the matter with...?

B: He/She...

Make sentences: give advice



She should drink a lot of water.



She should see a dentist.





He should lie down and rest.



He should see a doctor.

Pair work: Make dialogues

Problems

have a cold

get tired

be stressed out

have a toothache

have a sore throat

have a headache

Give advice

take some medicine

sleep

have a good rest

see a dentist

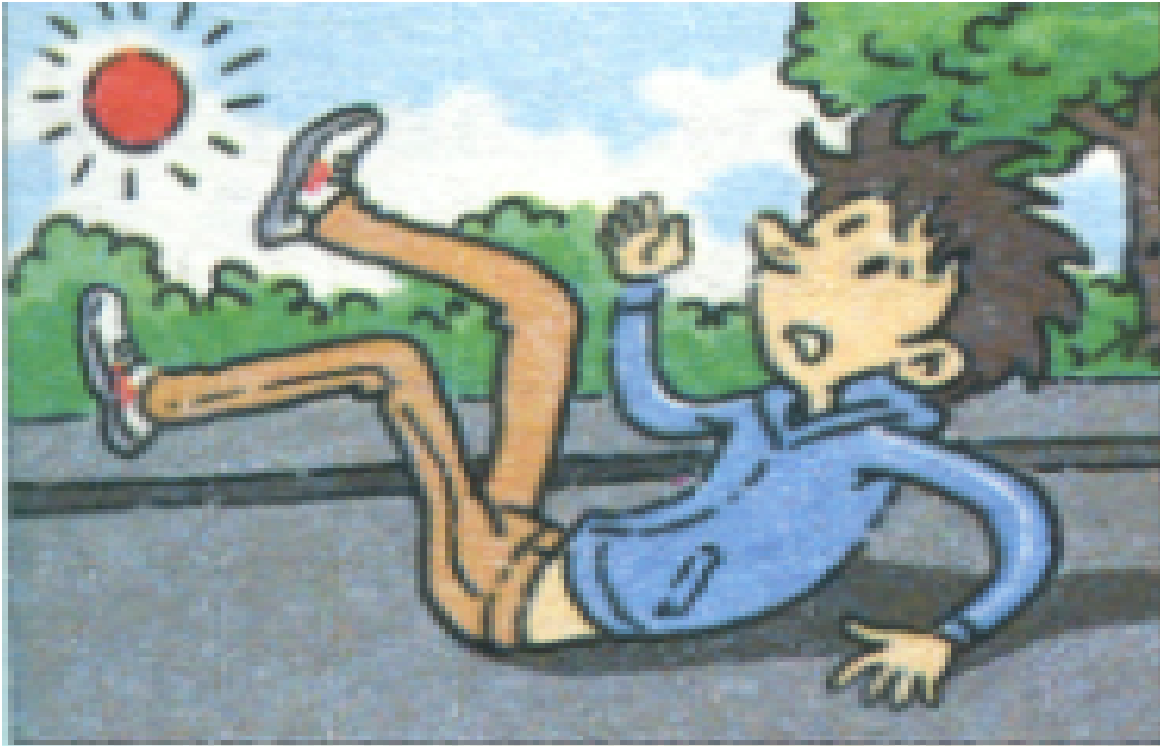
drink hot water

see a doctor

1a When these accidents happen, what should you do? Put the actions in order



- 3 Put a bandage on it.
- 1 Run it under water.
- 2 Put some medicine on it.



1

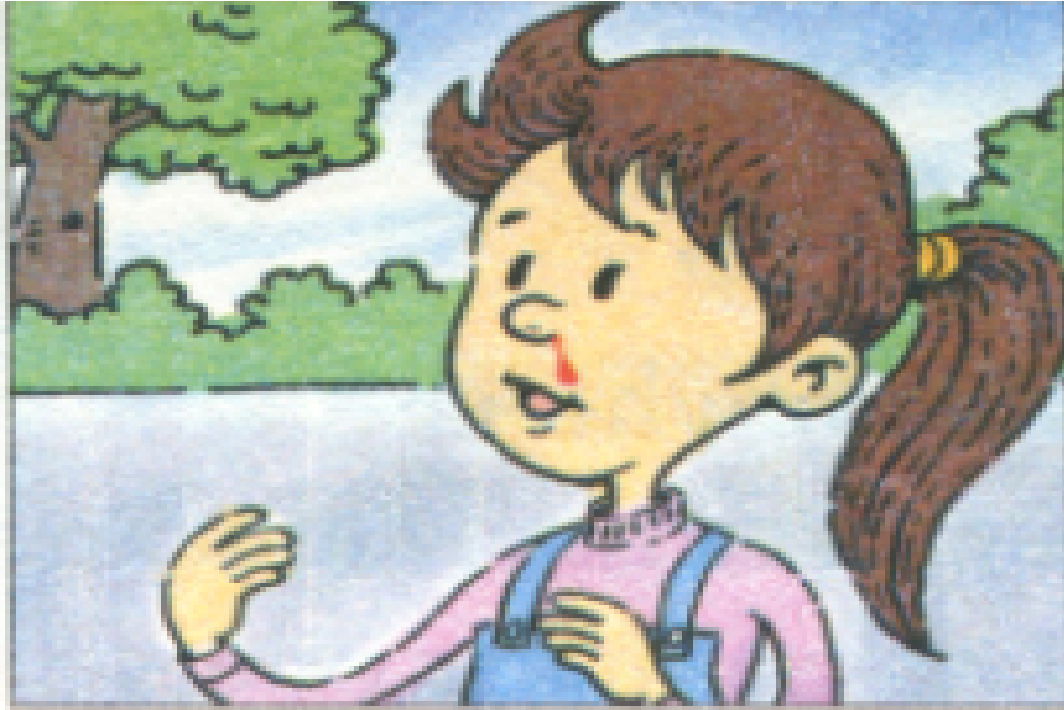
Go to the hospital.

2

Get an X-ray.

3

Rest for a few days.



2


Clean your face.

1

Put your head back.

3

Put on a clean T-shirt.

1b Listen to the school nurse. Check (✓) the problems you hear. 

✓

✓

a, d

✓

f

✓

e

1c Listen again. Write the letter of each treatment next to the problems you checked in the chart above.



a. put a bandage on it

b. took his temperature

c. told him to rest

d. put some medicine on it

e. took him to the hospital to get an X-ray

f. told her to put her head back

1d Role-play a conversation between the nurse and the teacher. Use the information in 1b and 1c.

A: Who came to your office today?

B: First, a boy came in. He hurt himself in P.E. class.

A: What happened?

B: ...



**Do you like climbing mountains?
Did any accidents happen during your
climbing? What did you do to
overcome it?**



Do you know Aron Ralston? Do you know the story of him?

He is a mountaineering enthusiast (登山爱好者).



Aron Ralston毕业于卡内基梅隆大学机械工程系，2002年从英特尔辞职后立志在冬季登遍科罗拉多州的高山，成功攀登了58座高峰。



Aron Ralston在2003年5月峡谷探险时遇到意外，右臂被夹在石缝中无法动弹，他只好借由身体的力量靠在峡谷岩壁上，这样支撑了5天之后，他突然想出了一个匪夷所思的办法，用小刀割断

自己的手臂，并且成功的拯救了自己。断肢六小时后由直升机救走，抢救医生说：再晚一个小时获救的话Aron Ralston就会因失血过多而不治。

2004年Aron Ralston出版的回忆录《Between a Rock and a Hard Place》(《生死两难》)中详尽叙述了这段惊心动魄的经历！而他的真实经历也被拍成电影《127 Hours》。

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2a Accidents or problems can sometimes happen when we do sports. Write the letter of each sport next to each accident or problem that can happen.

A= soccer B= mountain climbing C= swimming



A, B or C?



B fall down

C have problems breathing

A get hit by a ball

B,C get sunburned

B cut ourselves

A,B hurt our back or arm



2b Read the passage and underline the words you don't know. Then look up the words in a dictionary and write down their meanings.

Finding the Order of Events
Writers describe events in a certain order. Finding the order of the events will help you understand what you are reading.







He Lost His Arm But Is Still Climbing

Aron Ralston is an American man who **is interested in** mountain climbing. As a mountain climber, Aron **is used to** taking risks. This is one of the exciting things about doing dangerous sports. There were many times when Aron almost **lost his life** because of accidents. On April 26, 2003, he found himself in a very dangerous situation when climbing in Utah.

On that day, Aron's arm was caught under a 360-kilo rock that fell on him when he was climbing by himself in the mountains. Because he could not free his arm, he stayed there for five days and hoped that someone would find him. But when his water **ran out, he knew that he would have to do something to save his own life. He **was not ready to** die that day. So he used his knife to **cut off** half his right arm. Then, with his left arm, he **bandaged** himself so that he would not lose too much blood. After that, he climbed down the mountain to find help.**



After losing his arm, he wrote a book called *Between a Rock and a Hard Place*. This means being in a difficult situation that you cannot seem to get out of. In this book, Aron tells of the importance of making good decisions, and of being **in control of** one's life. His love for mountain climbing is so great that he **kept on** climbing mountains even after this experience. Do we have the same spirit as Aron? Let's think about it before we find ourselves "between a rock and a hard place", and before we have to **make a decision** that could mean life or death.



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