

1

1

Hello, everyone. I'm Jill Green. I'm a middle school student. It's nice to meet you here. First, let me tell you something about my family. There are five people in my family. They are my mother, my father, my sister, my brother and me.

My father is a driver. My mother is a teacher of English at my school. My sister is sixteen and my brother is sixteen, too. They are twins. I am twelve. We all enjoy watching football games.

My home is on West Street. There is a big tree and a lot of small trees around my house. The big one is a pear tree and the small ones are apple trees. But there aren't any pears or apples on them. There is a photo of my house. In the photo, you can see a cat in my house. It's black and white. We like it very much.

Jill's _____		
People	There are... people in her family. They are her parents, her brother, her sister and...	
	...	Her father is a driver. Her mother is... English teacher at her school.
	Children	Her brother and sister are the same().. They all... watching football games.

“let me tell you something about my family”

family

reason/cause; way /means/method; opinion /view

introduction; example; / types /kinds /sorts

advantages /disadvantages; / advice / suggestion /tip

purpose/aim/goal; / effect/ result

/ problem /solution; / measure / action

age/name/hobbies/personality; conclusion /summary

/ characteristics /features; / similarity /difference

/ theme/topic/subject; / importance /meaning

2023

You may always pay attention to hunger(). Hunger has many different causes, according to Dr. Monique Tello, from Harvard Medical School.

The first cause may be a medical problem. “If a person always feels hungry and can’t put on weight or even loses weight, he should go to the hospital. For people with Type I diabetes(), their body isn’t able to process sugar. They eat a lot, but still lose weight and they feel terrible.” Tello said.

If it isn’t a medical cause, the problems could be in the head. It’s reasonable to be hungry every three to five hours. However, it’s possible for you to eat often and a lot after watching food advertisements on TV or social media(). Also, the more you eat, the larger your stomach gets, and the more you want to eat. A person’s state() of mind can play a role, too. Research has shown that stress can increase levels of hunger hormones() Pressure and worry drive people to look for food in the fridge when they’re not truly hungry.

Another reason may be the lifestyle. Sometimes the reason why a person is always hungry is that he eats too little, exercises too much, or both.

So, how to solve the problem? There are three ways to solve it. First, reduce() your time on watching food advertisements on TV and social media. In addition, say no to food if you’re not really hungry. Finally, change your diet by eating more food high in fiber(), protein() and healthy fats.

Topic: Paying attention to <u>1</u>		
Fact	Some people always feel hungry.	
Causes	A medical problem	*Eating a lot, but still <u>2</u> weight.
	The problems in the <u>3</u>	*Watching food advertisements on TV or social media. *Eating so much food that your stomach gets larger. *Increasing levels of hunger hormones because of stress.
	The lifestyle	*Eating too little, exercising too much, or both.
<u>4</u>		*Spending <u>5</u> time on watching food advertisements.

*Saying no to food when you're not hungry.

*Changing your diet.

1 hunger 2 losing 3 head 4 Ways 5 less

1 "You may always pay attention to hunger()." hunger

2 "If a person always feels hungry and can't put on weight or even loses weight"

Eating losing

3 "If it isn't a medical cause, the problems could be in the head."

head

4 "So, how to solve the problem? There are three ways to solve it."

Ways

5 "reduce() your time on watching food advertisements on TV and social media"

less

2

:

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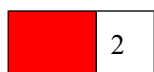
My father is a driver. My mother is a teacher of English at my school. My sister is sixteen and my brother is

sixteen, too. They are twins. I am twelve. We all enjoy watching football games

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Jill's family	
People	There are _____ people in her family

people in her family, "There are five people in my family.", five



2023

The Difficult Search for American Products in the US

If you go to another country, what kind of things would you buy? Would you buy a camera in Japan, some beautiful clothes in France, or a watch in Switzerland? No matter what you may buy, you might probably think those products were made in those countries. However, you could be wrong. Kang Jian is a 17-year-old student from Shanghai. Last year he went to visit his aunt and uncle in San Francisco. He found it interesting that so many products in the local shops were made in China. "I wanted to buy a toy car for my cousin, but even though most of the toys had American brands, they were made in China."

Toys are not the only things made in China. "I wanted to buy a pair of basketball shoes," he explains, "but I had to visit five or six stores before finding a pair made in America!" He realized that Americans can hardly avoid buying products made in China. "In fact," he continues, "there are so many things made in China—footballs, handbags, pet food, mobile phones. Even American flags are made in China!" Kang Jian thinks it's great that China is so good at making these everyday things. However, he wishes that in the future China will also get better at making high-technology products that people can buy in all parts of the world.

Difficult		●Who: Kang
-----------	--	------------

search for	Jian Trip
------------	-----------

“Made in the US”	Tip	<ul style="list-style-type: none"> ●Where: San Francisco in the US ●Want to buy: a toy car for _____6_____ and a pair of basketball shoes for himself
	7_____	<ul style="list-style-type: none"> ●He found most toys were American brands, but they were made in China. ●He couldn't find a pair of shoes made in America _____8_____ he visited 5 or 6 stores.
	Reason	China is so good at making these _____9_____ things.
	Hope	In the future, China will do better in _____10_____ high-technology products.

6 cousin 7 Fact 8 until 9 everyday 10 making

6 “I wanted to buy a toy car for my cousin” cousin

7 fact Fact

8 “but I had to visit five or six stores before finding a pair made in America”

not...until“ ” until

9 “Kang Jian thinks it's great that China is so good at making these everyday things.”

everyday

10 “he wishes that in the future China will also get better at making high-technology products that people can buy in all parts of the world”

making





Allowing pet cats to go outside is not just bad for birds and wildlife, it's also bad for the cats themselves. Outdoor cats can get sick very easily. They are in danger from traffic and attacks() from other animals. In fact, outdoor cats usually don't live past the age of five, while indoor cats often live to be 17 or older.

- A.Cats can bring illness.
- B. Keeping a cat is good for you.
- C.You should let your cat inside.
- D.Going outside is bad for cats. too.
- E.The birds are fewer and fewer in America.
- E. Cats kill many birds and small animals every year.

"Allowing pet cats to go outside is not just bad for birds and wildlife. it's also bad for the cats themselves."

“ ” D



2023

The sun is out. The weather is cool. It's a great day for running. 11

Be safe

12 So pay attention to what is happening around you while you run. If you are running along a road, wear light-colored clothes so that drivers can see you clearly.

Listen to your body

Running is tiring and can hurt. But continuous () pain means something is wrong. Maybe you need to change the way you move to put less pressure on certain joints (). 13 Having a rest when necessary

will help you get back to running as soon as possible.

14

Pick out comfortable shoes that fit your feet. This will stop strain () on your feet, legs and back.

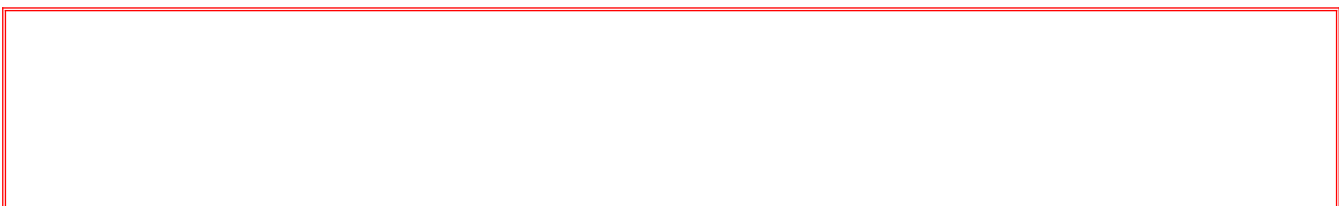
Mix it up

Some experts suggest doing other physical activities besides running. 15 By doing different kinds of exercise, you keep away injuries () caused by repeated actions.

- A Choose good shoes
- B Always remember safety comes first.
- C Or maybe you are too tired and need a day off.
- D That could mean biking, swimming or playing a sport.
- E But before you start running, here is some advice for you.

11 E 12 B 13 C 14 A 15 D

- 11 E“ ”
- 12 “Be safe” B“ ” B
- 13 “Having a rest when necessary will help you get back to running as soon as possible.” C“ ” C
- 14 “Pick out comfortable shoes that fit your feet.” A“ ”
- 15 “Some experts suggest doing other physical activities besides running.” D“ ” D



One day, the emperor(), Qin Shi Huang, ordered his soldiers to capture ()some young men. He sent the young men to build the Great Wall of China.

A young man named Fan Xiliang didn't want to get captured.____He had nowhere to go and didn't know where to hide. When he heard the soldiers coming towards him, he was terrified ().

A.Lady Meng Jiang stayed by the wall and kept crying day and night.

B.They fell in love with each other.

C.He ran away from his home and planned to hide somewhere.

D.It was a moving love story.

E.Lady Meng Jiang prepared some warm clothes for her husband.

"A young man named Fan Xiliang didn't want to get captured."

a young man,C

He a young man, C

4

2023

It is 600 years old and has become a popular snack around China. You can buy it every morning at small street stalls() for around 5 to 10 *yuan* in most Chinese cities. ____16____

But it is cooked in many different ways. ____17____ The Tianjin Catering Industry Association(

) made standards for *jianbing guozi* to keep the traditional taste on May 25, 2018. ____18____ According to the new rules, *jianbing guozi* should be made of ingredients() that include green bean flour() and eggs. It should be 38 to 40 centimeters in diameter().

____19____ They have pointed out that everyone has different tastes and that it is useless to create the standards for food. "The *jianbing guozi* with no standard is the one I like eating." One Sina Weibo user wrote.

The association has explained that it doesn't want to make everyone cook the snack the same way every time.

20 It just aims to better regulate() the cooking process, techniques() and food safety than before.

- A It depends on where you buy it.
- B The reason of making standards is to pass down the cooking skills.
- C The snack is called *jianbing guozi*.
- D It's not its aim() to make it standard.
- E But some people are wondering if it's necessary to create such standards.

16 C 17 A 18 B 19 E 20 D

16 "It is 600 years old and has become a popular snack around China. You can buy it every morning at small street stalls() for around 5 to 10 yuan in most Chinese cities."

600

5 10

C " " C

17 "But it is cooked in many different ways."

A

" A

18 "The Tianjin Catering Industry Association() made standards for jianbing guozi to keep the traditional taste on May 25, 2018."

2018 5 25

B " B

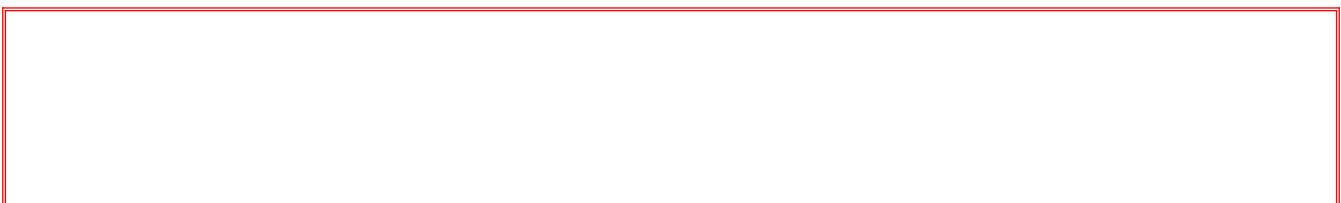
19 "They have pointed out that everyone has different tastes and that it is useless to create the standards for food."

E " E

20 "It just aims to better regulate() the cooking process, techniques() and food safety than before."

D

" D



First, exercise can help your mind. People who get plenty of physical activities might worry less and sleep better at night. You may even learn better in school. _____ Physical activities can make your body strong. It can also keep you at a healthy weight. But how can teens be encouraged to do more exercise? Here are some good suggestions.

- A. Second, exercise helps your body.
- B. Step away from the screen.
- C. Exercise with others together.
- D. Exercise helps in two ways.
- E. Find a sport you are interested in.

"First, exercise can help your mind."
body." A

"Second, exercise helps your



2023

Choosing a job—something you're thinking of doing for the rest of your working life—isn't always easy but necessary. Plans for your future job will have a great influence on your whole life. 21

Know yourself well.

It's true that things like pay are important, but don't let money lead you in the wrong direction. **Firstly**, follow your heart and your personality—if you're not very outgoing, don't go for a sales job, even if the pay's good. 22 If you do well in getting along with children, to be a teacher may be a fantastic choice.

23

Generally speaking, people get more satisfaction out of their jobs if they feel they are doing something valuable for others. It doesn't have to be charity work—it could be a job that helps other people, like being a cleaner. Just imagine what our city would be like without cleaners?

Your first decision isn't forever.

Some lucky people get it right first time—they choose a job, find they love it and stick at it. 24 So remember—you're allowed to change your mind! There's no need to let it worry you for years: maybe you've got three or four possible things you'd like to do, so come to a decision and try one—and if you don't like it, try another one.

25 The best preparation for tomorrow is doing your best today. Remember to be responsible for yourself when you are young.

A-E

- A Do something of value.
- B But it isn't always like that.
- C Here are some suggestions for you.
- D Secondly**, think about what you are good at.
- E Making a clear plan for your future job is meaningful.

21 C 22 D 23 A 24 B 25 E

- 21 "Know yourself well." "Your first decision isn't forever." C "
- 22 "Firstly" D " D
- 23 "Generally speaking, people get more satisfaction out of their jobs if they feel they are doing something valuable for others." A " A
- 24 "So remember—you're allowed to change your mind!" B "
- 25 "The best preparation for tomorrow is doing your best today." E "

Why	Because /To do	How many	
What/Which	/	How much	/
Who		How often	
When	“ + ”	How far	
Where	“ + ”	How long	/“for+ ”
How	By sth./ doing	How soon	“in+ ”

We have got two children. Jack is seven, and his little brother Nick is four. They're quite close and play a lot together. They quarrel quite a lot, too, but they enjoy each other's company.

Jack reads well, but he didn't start to read for pleasure. He thinks reading is only something you have to do at school. I think the main problem is: he always watches TV. He also likes playing cards and computer games and riding his bike. I don't let him ride it on the street, but we often go to the park, where it's safer.

Where does Jack often go to ride his bike?

"Where →(+) " "I don't let him ride it on the street, but we often go to the park, where it's safer." Jack "In the park."



mangrove trees

Before 1970, few laws protected the environment. Then on April 22 that year, Earth Day was created to celebrate our planet, tell people about environmental problems, and encourage them to take action. Now Earth Day is celebrated all around the world. We still face many challenges, such as climate change, plastic pollution, and deforestation . But we can make a difference. Here is an Earth-helping hero.

Adeline Tiffanie Suwana was twelve when her family’s home flooded. Indonesia, her island nation in South-east Asia, is often hit hard by floods and other natural disasters.

Adeline wanted to help. Studying the problem, she learned that mangrove trees play an important role in flood protection. Their big, tangled roots slow floodwaters and keep soil from washing away. But the trees were being cut down.

Adeline gathered her classmates to plant 200 mangrove young trees during a school break. They started a group called Friends of Nature, which works to keep the area’s biodiversity , fight against climate change, and help people realize the importance of the environment. They even started a project to get clean energy to remote villages.

Today, Adeline attends college, studying how businesses can help the environment.

Remember: every one of us can be a hero for the environment!

5

26 **What** do the underlined words “our planet” in Paragraph 1 refer to?

27 **What** happened to Adeline’s home when she was twelve?

28 **How many** things did Adeline and her classmates do to help with the environment?

29 **What** does Adeline do now?

30 **What** is the proper title for the passage?

26 The Earth. 27 Her family's home flooded. 28 Three. 29 She is a college student.
30 An Earth-helping hero.

Adeline Tiffanie Suwana

26 "Then on April 22 that year, Earth Day was created to celebrate our planet"

The Earth.

27 "Adeline Tiffanie Suwana was twelve when her family's home flooded." Adeline12

Her family's home flooded.

28 "Adeline gathered her classmates to plant 200 mangrove young trees...They started a group called Friends of Nature...They even started a project to get clean energy to remote villages." Adeline

Three.

29 "Today, Adeline attends college" She is a college student.

30 "Here is an Earth-helping hero." An

Earth-helping hero An Earth-helping hero.

7

"What's the main idea of the passage?" "What's the passage mainly about?" "What does the passage mainly talk about?"

Do you know what people eat on New Year's Day? It's one of the most important festivals all over the world. People in the world eat something special for good luck on New Year's Day.

In Spain() and some Latin American countries, people eat twelve grapes at midnight on New Year's Eve. One grape means good luck in each month of the coming new year.

Chinese people eat dumplings. People usually put some coins() inside them. Everyone wants to find the coin and they think it can bring people good luck and money in the coming new year. Of course they don't eat the

coin.

Japanese people eat noodles on New Year's Eve and their birthdays. It is said that eating noodles may bring them good luck and long life.

What's the main idea of the passage?

"People in the world eat something special for good luck on New Year's Day."

“ ”



2023

You may know about “junk food” like French fries. But do you know about “junk sleep”?

A British survey shows that there are many electronic products in teenagers’ bedrooms. They are influencing teenagers’ sleep badly.

The survey was done among 1,000 British kids from 12 to 16. It is found that 50% of them got just 4 to 7 hours’ sleep every day. But doctors say they need 8 to 9 hours.

Almost 25% of the kids said they often fell asleep while they were watching TV, listening to music or using other electronic products.

“This is very worrying,” said Dr. Chris, a British professor (), “We call it ‘junk sleep’. It means you don’t get enough sleep and the quality () of the sleep is low, too.” The survey found that quite a few of the kids felt tired each day because of the junk sleep, especially girls between 13 and 16. Nearly all the teenagers have a phone, music player or TV in their bedrooms. And lots of them even have all the three.

Dr. Chris suggested that parents should help their children keep away from electronic products, and that teenagers should spend less time on the electronic products.

31 How many of the 1, 000 British kids from 12 to 16 get only 4 to 7 hours’ sleep a day in the survey?

32 According to the passage, what were 25% of the kids doing when they fell asleep?

33 What does “junk sleep” mean in the passage?

34 In Dr. Chris’ opinion, what should teenagers do?

35 What does this passage mainly talk about?

31 500/Five hundred (kids).

32 They were watching TV, listening to music or using other electronic products. 33 It/“Junk sleep” means you don’t get enough sleep and the quality of the sleep is low, too. 34 They/Teenagers should spend less time on the electronic products./They/Teenagers should keep away from electronic products and spend less time on the electronic products.

35 The/This passage/It is (mainly) about “junk sleep”./The/This passage/It (mainly) talks about “junk sleep”./Junk sleep.

“ ”

31 “The survey was done among 1,000 British kids from 12 to 16. It is found that 50% of them got just 4 to 7 hours’ sleep every day” 50% 4 7 500 500/Five hundred (kids).

32 “Almost 25% of the kids said they often fell asleep while they were watching TV, listening to music or using other electronic products.” 25%

They were watching TV, listening to music or using other electronic products.

33 “It means you don’t get enough sleep and the quality () of the sleep is low, too” “ ”

It/“Junk sleep” means you don’t get enough sleep and the quality of the sleep is low, too.

34 “Dr. Chris suggested that parents should help their children keep away from electronic products, and that teenagers should spend less time on the electronic products.”

They/Teenagers should spend less time on the electronic products./They/Teenagers should keep

away from electronic products and spend less time on the electronic products.

35 “ ” The/This passage/It is (mainly) about “junk sleep”./The/This passage/It (mainly) talks about “junk sleep”./Junk sleep.



5 5



2023 Resilience () means how well you can deal with and return to normal from the difficulties of life. Research has shown that although some people seem to come by resilience naturally, the behavior can also be learned. ___ 1 ___

Find a Sense of Goal

Finding a sense of goal can help you find meanings in life’s challenges. ___ 2 ___

Believe in Your Abilities

It is common to hear some bad words about your work. ___ 3 ___ For example, you can say “I can do this”, “I’m a great friend” or “I’m good at my job”. Just believe in yourself that you can get the job well done.

Develop a Strong Social Network

___ 4 ___ Simply talking about a situation with a friend or loved one may not make your troubles go away. But it allows you to share your feelings, get support and come up with possible ways to solve your problems.

Be Positive ()

Staying positive during dark periods may be difficult, but being hopeful about the future is an important part of resilience. What you are dealing with may be difficult, but it’s important to remain hopeful and positive about a better future. ___ 5 ___ It means understanding that difficulties are temporary () and that you have the skills and abilities to deal with the challenges you face.

- A Here are some ways to build resilience.
- B It’s important to have people you can trust.

- C When you hear them, replace them with good ones at once.
- D Positive thinking doesn't mean paying no attention to the problems.
- E With a clear goal, you'll learn from past experiences and keep going.

2

2023



Many of us think that flowers are just there to add beauty to our life and sometimes a sweet smell. 6

Beauty strengthener().

Flowers have many beautiful colors as well as interesting shapes and sizes. Their beauty is likely to inspire() creative thinkers so that flowers can be seen in many works of art, such as paintings.

Natural Air Freshener.

Besides the fact that plants are known to remove dust from the air, there are flowers that have natural sweet smells. 7

Mood Enhancer().

Flowers are natural mood enhancers for they pass on good spirits. 8 The flowers always put smiles on the faces of those who receive them, increasing positive thinking. People who receive flowers are likely to perform better in social situations.

9

Have you ever under a lot of pressure? Flowers are also likely to cut down on stress because the flowers make us get the positive moods.

Flowers have many advantages, which is why we should start considering growing them. 10 Maybe we can try growing flowers we like.

- A Stress Reducer.
- B They can be grown indoors or outdoors, and it's our choice.
- C The truth is that they are not just used for decorating a space.

- D Their natural sweet smells can make the air fresh.
- E Giving flowers out as gifts is always the better choice.

7 5



2023

Happiness is important for everyone. Most people want to be happy. 11. Money and success alone do not bring lasting happiness. Happiness depends on ourselves. 12 Here are a few ways to help you be happier.

The first secret of happiness is to enjoy the simple things in life. Too often, we spend so much time thinking about the future. 13 Therefore, we fail to enjoy the present. You should enjoy simple pleasures in life, such as spending time with close friends.

14 Many people experience this by dancing, or playing a sport. You can forget about your problems, and just think about the activity.

Finally, many people find happiness in helping others. According to studies, people feel good when they volunteer their time to do many meaningful things for others. 15 You can help your classmates with their studies, go shopping to get food for an old neighbor. Just try!

- A For example, we want to make more money or get a better job.
- B Happiness is in your own hands.
- C The second secret to leading a happy life is to be active.
- D However, few of them know how to find happiness.
- E Every day is a new day. Forget unhappy moments.
- F So if you want to feel happier, try to do something meaningful for people.
- G In other words, we make our own happiness.

2023

It's said that in some parts of the world, people are facing the problem of hunger. So what can we do to help them? Here are some suggestions.

Cook from the fridge

Start with the fresh foods. If you have some in the fridge, use them first. Make a meal with what you have got instead of running out to the supermarket for something else.

Learn to read the labels

"Best-before" and "use-by" dates are more important. Learn to know the different periods of foods and know how to cook them in the right way. For example, black bananas are proper for baking, fresh vegetables are good in soups, and bread that is not fresh can be turned into small pieces.

Use the freezer ()

The freezer can keep foods fresh until you are ready to cook them, and store the cooked foods until you're ready to eat them. It's also the best place for the remaining food. Mark the date of the food nearby, so it's easy to find the foods you need to eat first and you will never leave them there for too long.

Shop with a list

Plan meals ahead of time so that you know exactly what to buy. Doing this helps reduce food waste because it's possible to buy too much of a certain food and then forget to eat or cook it later.

Keep More Food on the Table		
Why	Some people are facing the problem of <u> 16 </u> .	
How	Cook from the fridge	It's a good idea to use the foods that you have first, especially the fresh foods <u> 17 </u> .
	Learn to read the labels	It's important to know "best-before" and "use-by" dates of different foods and <u> 18 </u> them in the right way.
	<u> 19 </u>	The freezer should be used to keep foods fresh and stop them from going bad.

Shop with a list	It's necessary to plan meals ahead of time and shop with a list to reduce food <u>20</u> .
---------------------	---



2023·

Have you tried to run or walk for exercise and then given up? If your answer is yes, you should try a new kind of exercise: aquatic () exercise. Aquatic exercise is like exercise on land, but you do it in a swimming pool. More and more people are trying aquatic exercise.

Aquatic exercise feels easier than exercising on land. Why? You weigh about 90% less in the pool! It is better for your knees than running or walking. Water is about 1,000 times thicker and heavier than air. To move through the water, your body has to work four times as hard. As a result, you can burn more calories ().

In fact, most people say they feel more relaxed in the water. They stop thinking about the things that make them worried. They feel in control of their bodies. The cool, quiet environment makes them feel good.

But what if you are afraid of water? No problem! There is nothing to worry about. Aquatic exercise is not dangerous or hard to learn. It doesn't require any special skills. You don't even need to know how to swim. Aquatic exercise is for everyone.

A <u>21</u> Kind of Exercise—Aquatic Exercise	
Why people feel easier?	Having less <u>22</u> in the pool.
What result people can get	<u>23</u> more calories
What makes people feel good	The cool, <u>24</u> environment
What feature () it has	Being <u>25</u> and easy to learn



2023·

Most people have the good fortune to be raised by caring parents, who give them not only their love but also their time spent in doing various things for them. However, many who love their parents have trouble finding the time to spend with them that they know they deserve(). Well, here are some ideas.

●A family meal

For those who live within less than an hour’s travelling distance from their parents, a weekly get together around the dinner table is really not too much to ask. It can be at your place or theirs, or you can have other choices. Take the chance to chat about daily happenings, and repay just a little of the time they gladly spent on you. If they live really close by, you could even drop in on the way home from work at times.

●A weekly planned phone call

For those who live at a greater distance from their parents, there is no possibility of regular contact in person, but this does not mean an end to personal contact. Your parents will be glad to hear the sound of your voice, so plan to call them on the telephone at least once a week. If possible, choose a proper time when everyone is more likely to be at home. Your parents will be even happier if this could be a video call.

●E-mail, text and social networks

If your parents feel quite comfortable in the cyber world, well, spend some time with them in that location. Exchange e-mails, photos, and even Facebook friends with them. You don’t have to share every detail of your life with them, just the bits you know they will have interest in.

●Ask for your parents’ advice

Whatever problems you may be having, large or small, it’s a safe bet that your parents have been through it all before. So talk to them and ask for their advice, and if they make the way clearer for you, it might just turn out to be the best few minutes you ever spent.

●Share relaxation time

That is, plan time together doing something you both enjoy. Women preparing for a shopping trip or to take in a film could easily do the same thing together with Mum. Sometimes fathers and sons could enjoy golf or fishing together. Going out for a meal can be a time for everyone to have fun, or you can get together for a weekend once or twice a year if distance separates you.

Though most parents do not expect to play a lead role in the lives of their adult children, their years of love and gladly-given time deserve a few thoughtful minutes in return. So spend time with your parents and make them closer to you.

Find <u>26</u> for Parents	
Problem	● Most people brought up by caring parents find it <u>27</u> to pay back their parents.

Ways	Have dinner together	<ul style="list-style-type: none"> • Get together to have meals weekly <u>28</u> at your places or other places. • Chat about what has happened in the past few days.
	Make a phone call	<ul style="list-style-type: none"> • When regular contact in person is <u>29</u> because of the great distance, make sure your parents can hear your voice as <u>30</u> as possible. • Choose a time <u>31</u> for both of you. This will greatly make your parents happy.
	Contact <u>32</u>	<ul style="list-style-type: none"> • Share something interesting with your parents through e-mail, text or social networks.
	Turn to your parents for advice	<ul style="list-style-type: none"> • Your parents can help you with different <u>33</u> of problems, because they are more experienced than you in one way or another. • Sharing your troubles and plans is a great way to show your love.
	Share your spare time	<ul style="list-style-type: none"> • <u>34</u> time together and do things you both enjoy.
Conclusion	<ul style="list-style-type: none"> • Spending time with your parents is a good way to <u>35</u> them for their devotion. 	

No Chinese festival is complete without a dragon dance. It is believed that traditional art like this can bring people power and good luck. One place to look for excellent dragon dancers in Shanghai is Sanlin Town, Pudong.

As a traditional sports activity in China, dragon dance has a long history. As early as in the Shang Dynasty,

there were records that ancient people dressed up as dragons to pray() for rain. Nowadays, the form and meaning of dragon dance have made great progress. It also carries the task of spreading Chinese culture.

★Origin () and Development

Dated back to: the Song and Yuan Dynasties

Became popular: the Ming and Qing Dynasties

★Representative () and Sanlin Dragon Dance Team

.Representative: Lu Dajie, a 72-year-old man

.Birthplace: Sanlin Town, Pudong

.Time of setting up the team: In 1994

.Members of the team: 18 people for two full-length dragons, both men and women

.Training of the team: Train for at least two hours every two weeks; run 1,500 meters in six minutes and practice many different movements

★The Teaching of Sanlin Dragon Dance

.Purpose: To pass down the tradition of the dragon dance

.Place: Sanlin's Lianfeng Elementary School

.Form: Dragon dance has been part of P.E.classes for more than ten years

.Exam: Students usually spend a year or two mastering the basic skills

.Influence: Young Sanlin locals are able to find their own roots by taking part in dragon dance

36 What task does the dragon dance carry?

37 When did the dragon dance become popular?

38 How old is the representative Lu Dajie?

39 How often does the team train?

40 What should you master in the exam if you are a student from Sanlin's Lianfeng Elementary School?

2023



The story behind “Bro Shank You”

Row Row Row Your Boat, a traditional English nursery rhyme, which is still popular today, has enjoyed a second wave of popularity because of a Chinese farmer.

Liu Tao, a middle-aged farmer from Yangshuo, Guilin, South China’s Guangxi Zhuang autonomous region, loves English and nicknames himself “Teacher Liu” on a short video platform (). Netizens () are amused by his funny accent, and tease him calling him “Bro Shank You”.

“In the 1980s, so many international friends came to visit Yangshuo that they even outnumbered the Chinese people on the street. When seeing me, they would say hello.” Liu said. From then on, he dreamed of being an English tour guide.

He then returned home to do farm work, but he never stopped learning English. Borrowing textbooks from friends, Liu began homeschooling.

“Practice makes perfect. Only when I repeat one sentence several times, can I remember it.” Liu even has a diary of oral English where he wrote down many dialogues used in different occasions.

Though the COVID-19 pandemic has influenced the local tourism, Liu remains true to his original aspiration. He turned to a short-video platform to introduce his hometown in both Chinese and English.

Some people laugh at Liu’s accent, but most of them show their support for him after hearing his story. “If you had been him, most of you might have given up.” “He is pretty good at self-learning!” “I do admire his thought of introducing his hometown.”

Liu doesn’t feel lost in people’s attention, as he knows too well how transient () people’s attention can be. But he does hope that the audience can get happiness and enjoy the beautiful views of his hometown from his videos.

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6

41 Why has *Row Row Row Your Boat* enjoyed a second wave of popularity?

42 What are netizens amused by?

43 When did he dream of being an English tour guide?

44 What did Liu Tao do after he borrowed textbooks from friends?

45 What do you think of Liu Tao?

9

2023

I

II

I

___46___ Mrs. Li wants to send her daughter to take some piano lessons during the coming summer holiday.

___47___ Betty and her boyfriend want to spend the weekend watching something new. They both like dancing.

___48___ Da Ming wants to buy some newspapers to read so that he can improve his English.

___49___ Mr. Black wants to come to Beijing for the first time in August. He wants to enjoy the real Beijing Opera very much.

___50___ Tony and his colleagues will have a trip in Guangzhou next week. They need to rent

II

A Watch Your Neck: This modern ballet() is telling the story of “Dracula” which is the classic novel by Irish playwright Bram Stoker. Time: 8: 30 p.m. February 2—9. Tel: 98558588

B Children’s Activity Center: Tel: 66589982. Add: No. 2 Zhongshan Road (Singing lessons, piano lessons and dancing lessons)

C Art Show: A total of 10 artists living close to each other are joining giving an art exhibition.

D Peking Opera: Mei Lanfang’s brave fighting against the Japanese during the War of Resistance against Japanese will open your mind.

E.Foreign Book Center: More and more interesting learning English books and newspapers, CDs, etc.

F.The Changcheng Hotel: Five star hotel.Looking for much

a car and a driver who understands English.	experienced receptionists. Tel: (010)55883326 G.Car-Hire Service: 12-seat cars for hire in Zhujiang Business and Private Hire. We have English-speaking drivers.
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 10

2023

In 2015, US actress Brie Larson took home the Academy Award for Best Actress for her role in the movie *Room*. These days, the 33-year-old is standing her ground as a superhero.

Larson plays Carol Danvers, also known as *Captain Marvel*, in the movie of the same name. As a superhero, she has many superpowers, such as being able to fly as fast as the speed of light.

When Larson was offered the role, she didn't accept it at the beginning. "I am not a person with much confidence. So, I needed a little bit of time to see if I could do it," she said. She had no idea about playing a superhero. There would be lots of promotional () interviews. Facing all of these things, she decided to go out of her comfort zone(). "I was going to push myself to do things that I never thought I could do. I challenged myself," she said.

Larson trained for nine months. She learned kungfu, practiced weightlifting and so on. But the biggest challenge was that she had to work with a cat—an animal that she was afraid of. "I was sick the whole time, but I insisted to work with it by myself. I was fine."

The movie has become a huge success. Variety Magazine spoke highly of her acting. By playing Captain Marvel, Larson discovered her own weaknesses and turned them into strengths.

Brie Larson and her latest movie

The movie name: ____ 51 ____.

Her role: Carol Danvers

Abilities: can ____ 52 ____ at the speed of light

Before taking the role:

*At the beginning Brie Larson refused the role.

*She wasn't sure how to play a ____ 53 ____.

*But she pushed herself forward.

____ 54 ____ she experienced:

*She trained for nine months.

*She learned new skills and even worked with an animal she was afraid of.

Achievements:

* Variety Magazine spoke highly of her acting.

*She has become more powerful.



2023. Some people succeed, while others may not. This is because some people own certain qualities, which others don't have. If you want to be successful, you should have the following qualities at least.

The first thing you must remember is that in order to succeed, you must be optimistic(). If you do not expect to win, you will not try as hard as those who do expect to win. You also need to have a clear purpose and a reason for doing something. If you do not have a purpose, you will not do your best to work hard and make sure that every detail you have done is right.

Reading is another thing to success, as it will help you learn about how other people have achieved success. If you want to learn how to set up a successful business, you should read books about like Bill Gates and Jerry Yang, who have achieved amazing success in their areas of business.

Another quality that helps people succeed is creativity—thinking about things differently and wondering how

others will do the same thing. Think about some successful people you know. They might be successful with a little creativity, but the most successful people are the most creative ones.

Practicing is equally important if you want to succeed because practice makes perfect. Practice every day at any career you are in, and by doing so, you will see yourself, your business and your self-confidence begin to grow. If you feel confident about what you do, this confidence will make other people believe in you more as well. Your workmates will be happy to work with you, and your boss will give you more important things to do. Finally if you succeed, you can look people in the eye and smile confidently.

Success is yours for the taking! Cheers!

55 Some people can succeed because they own _____, while others _____ have.

56 To be _____ is the first thing you must remember in order to succeed. People who expect to win will try _____ than those who don't.

57 _____ is another thing to success. You should read books about people like Bill Gates and Jerry Yang to learn how to set up _____.

58 Creativity means people should wonder how the same thing _____ by others. And the more successful people are, _____ they are.

59 A man who succeeds should have at least _____ qualities and if you are confident, you will also get others _____ you more.

Space exploration is getting more and more popular and more money is spent on it. So what do you think—is space exploration a waste of money or is it worth it?

Yes—exploring space brings many advantages

It might sound very expensive but space exploration only takes up a tiny part of government spending in the case of US space agency NASA, about 0.4%. Space exploration has helped us to learn more about the universe and brought different countries together. Space programmes actually help create jobs and drive the inventions of new technologies. Above all, space encourages special feelings of awe _____ and satisfies human curiosity. Climate

change makes it necessary for people to find another planet to live on instead of depending only on the Earth.

No—it wastes much-needed resources

The cost of space exploration can only be described as huge. The cost of NASA may have gone down since the 1960s, when humans landed on the Moon, but it's still not exactly small— 24 billion for 2022. It's not wise to spend billions on space when there are still many people without enough money to live on. Moreover, new inventions of technologies surely would have been invented no matter what happens. The best way to deal with climate change is spending as much as possible in protecting the Earth. Moreover, with 95% of the world's oceans yet to be developed, there's more than enough to satisfy human curiosity.

Space exploration is a hot topic. Many people discuss 60 we should spend so much money exploring space or not. Some people believe that space exploration is worth the money. First, space exploration isn't actually as 61 as it sounds — it takes up only a small part of government spending. It helps us learn more and brings countries together. Second, it helps create jobs and leads to new inventions. Third, humans can not depend on the Earth forever because of climate change. They n62 to find another planet to live on. However, people are not in 63. Some consider that it's not wise to spend so much on space when so many people are in need of necessities. What's more, many inventions of new technologies would have happened anyway. Finally, humans should put resources into protecting 64 and the Earth instead of giving it up. So what's your opinion—is space a waste of money or is it worth it?

专题三

中考题型