

Public Health Care English



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CHAPTER

01

Overview of Public Health
Care





Definition of Public Health Care

Public Health Care is a system designed to promote and protect the health of the entire population, compared to individuals. It focuses on prevention and controlling the spread of diseases, promoting health behaviors, and ensuring access to basic health services.

It aims to identify and address the social, environmental, and behavioral factors that impact the health of communities, rather than just treating individual symptoms or diseases.



The importance of public health care

01

Equitable Access

Ensures that all members of society have equal access to quality health care, regulations of their income, social status, or geographical location

02

Disease Control

Events and controls the spread of diseases through vacuum programs, screening programs, and awareness campaigns

03

Health Promotion

Focuses on promoting health behaviors and lifestyles among the population, such as health eating, physical activity, and smoking process

04

Systematic Approach

Addressing the broker social and environmental factors that impact health, such as access to clean water and sanitation, housing conditions, and employment opportunities



The Development History of Public Health Care

- **Early Days:** The origins of public health care can be traced back to the 18th century, when cities begin to implement hygiene measures to control the spread of diseases like cholera
- **The 20th Century:** The development of antibiotics and vaccines marked a significant milestone in the history of public health care. The establishment of national health services in many countries also ensures universal access to basic health care.
- **Recent Developments:** The increasing globalization of diseases and the risk of chronic conditions like diabetes and heart diseases have placed new demands on public health systems. In response, many countries are investing in preventive health care, community based interventions, and health promotion programs.



CHAPTER

02

**Basic knowledge of English
in public health nursing**





English vocabulary for public health care

Basic medical terms

It is essential to understand and use basic medical terms in English to communicate effectively in the field of public health care. This includes expenses related to diseases, symptoms, treatments, and procedures.

Preventive health terms

To promote and discuss preventive health measures, one must be a family with relevant terms. This includes vocabulary related to vaccines, screening, health behaviors, and wellness.



Common English expressions for public health care

Phrasal verbs

Phrasal verbs are a common feature of English and are often used in the field of public health care. It is important to understand and use phrasal verbs correctly to understand the intended meaning accurately.

VS

Idioms and settlements

Idioms and settlements are expressions that cannot be translated literally. To communicate effectively, it is essential to understand and use common English idioms and settlements related to public health care.

English Reading and Understanding of Public Health Nursing

Comparison of technical reports

To stay updated with the latest public health trends and developments, one must be able to read and understand technical reports and research papers. This requires a good understanding of English grammar, vocabulary, and reading comprehension skills.



Understanding of official documents

Official documents such as policies, guidelines, and regulations play a critical role in public health care. It is essential to have a good understanding of English to correctly interpret and implement these documents.

CHAPTER

03

Public Health Care Practice



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