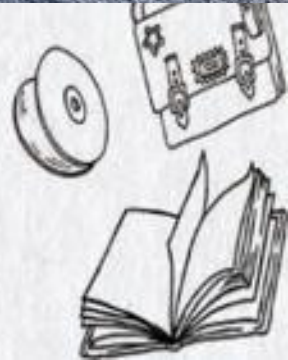




Unit 3 Food and Culture

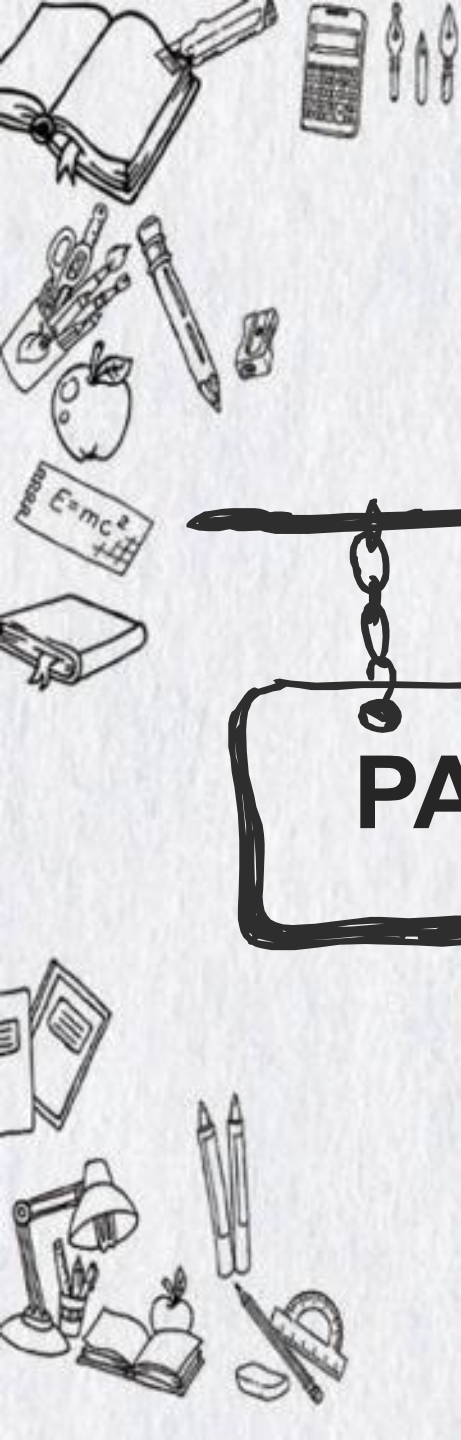
选择性必修第二册



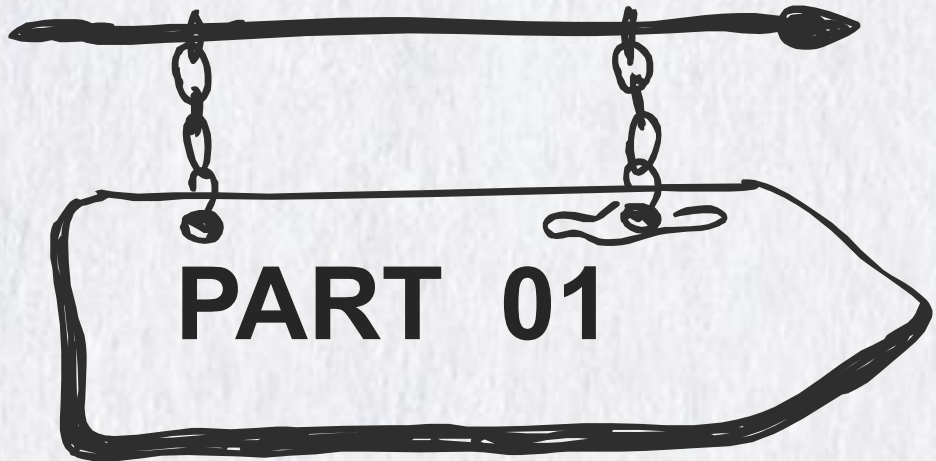


目录

1. 内容索引 
2. 基础知识排查 
3. 核心考点突破 
4. 写作能力提升 
5. 基础知识达标 



< >



PART 01

基础知识排查



I .阅读单词——会意

cuisine

*n.*菜肴；风味；烹饪

pepper

*n.*甜椒；灯笼椒；胡椒粉

recipe

*n.*烹饪法；食谱

chef

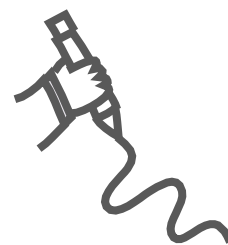
*n.*厨师；主厨

peppercorn

*n.*胡椒粒

vinegar

*n.*醋



onion

*n.*洋葱；葱头

lamb

*n.*羊羔肉；羔羊

lamb kebab

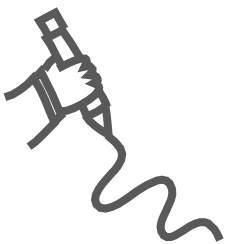
烤羊肉串

dim sum

*n.*点心(中国食品)

vegetarian

*n.*素食者



junk

*n.*无用的东西

junk food

(= junk)垃圾食品

garlic

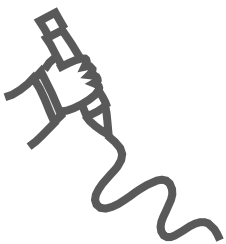
*n.*蒜

bacon

*n.*熏猪肉；咸肉

ham

*n.*火腿



sausage

*n.*香肠；腊肠

cabbage

*n.*甘蓝；卷心菜；洋白菜

bean curd

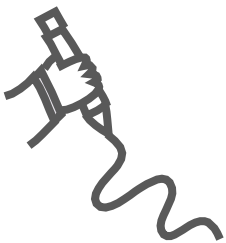
n.(= tofu)豆腐

brand

*n.*品牌

olive

*n.*油橄榄；橄榄树



fig

*n.*无花果

ingredient

n.(尤指烹饪)材料；成分

dough

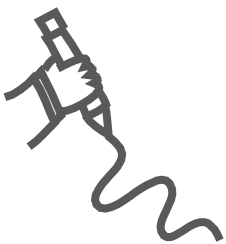
*n.*生面团

haggis

n.(苏格兰)羊杂碎肚

cafeteria

*n.*自助餐厅；自助食堂



bun

*n.*圆面包 ; 小圆甜饼

chilli

n.(*NAmE*= chili)[pl.-es]辣椒

pork

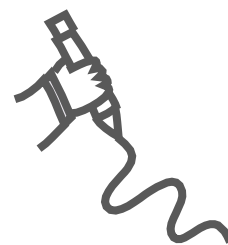
*n.*猪肉

red braised pork

红烧肉

pearl

*n.*珍珠



vitamin

n. 维生素

dairy

adj. 奶制的；乳品(业)的

n. 乳制品；乳品店；牛奶厂

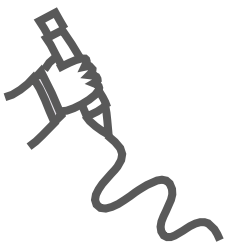
34.moderation

n. 适度；合理

35.chew

vi.& vt. 咀嚼；嚼碎

n. 咀嚼



II.重点单词——记形

bold

*adj.*大胆自信的；敢于冒险的

stuff

*vt.*填满；把……塞进

*n.*东西；物品

slice

n.(切下的食物)薄片

*vt.*把……切成薄片



elegant

*adj.*精美的；讲究的；文雅的

exceptional

*adj.*特别的；罕见的；杰出的

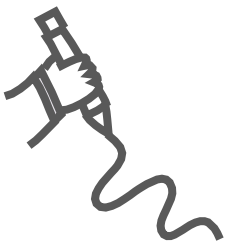
minimum

*adj.*最低(限度)的；最小的

*n.*最小值；最小量

temper

*n.*脾气；火气



dessert

n.(饭后)甜点

canteen

*n.*食堂；餐厅

somewhat

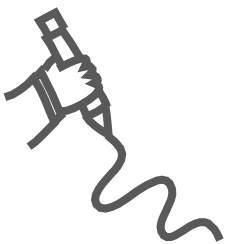
*adv.*有点；稍微

madam

*n.*夫人；女士

calorie

*n.*卡路里(热量单位)



regardless

*adv.*不顾；不加理会

category

*n.*类别；种类

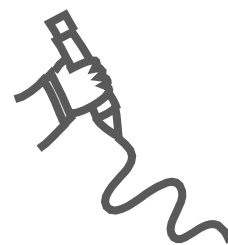
fibre(*especially US* fiber)

*n.*纤维；纤维

制品

quantity

*n.*数量；数额



ideal

*adj.*完美的；理想的；想象的

*n.*理想；完美的人(或事物)

fundamental

*adj.*根本的；基础的；基本的

*n.*基本规律；根本法则

modest

*adj.*些许的；谦虚的；朴素的

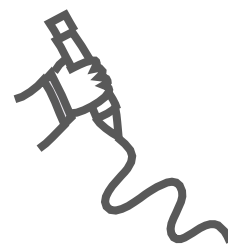


20

overall

*adv.*总体上；大致上

*adj.*全面的；综合的



Ⅲ.拓展单词——悉变

prior

*adj.*先前的；优先的

→**priority**

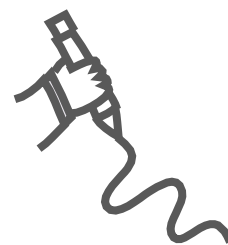
*n.*优先事项；优先权

consist

*vi.*由……组成(或构成)；在于

→**consistent**

*adj.*一致的；连续的



consume

*vt.*吃；喝；饮；消耗

→ **consumer**

*n.*消费者；用户；客户

→ **consumption**

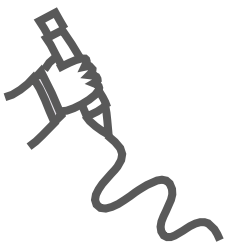
*n.*消费；消耗(量)

stable

*adj.*稳定的；稳重的

→ **stability**

*n.*稳定(性)；稳固(性)



5.association

*n.*协会；关联

→**associate**

*vt.*联想；联系 *vi.*交往 *adj.*副的；联合的

→**associated**

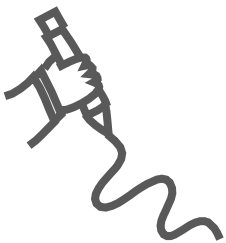
*adj.*有关联的；相关的

6.trick

*n.*诀窍；计谋；把戏 *vt.*欺骗

→**tricky**

*adj.*棘手的；难对付的



[拔高词汇] 背选修词汇

solidarity /,sɒlɪ'dærəti/ *n.* 团结；相互支持

be glued to 全神贯注看着某物；像用胶固定

overlook /,əʊvə'lʊk/ *vt.* 忽略；未注意到；俯视

worship /'wɜːʃɪp/ *vi.& vt.* 信奉(神)；崇拜；敬仰

evolve /i'vɒlv/ *vi.& vt.* 逐步形成；进化

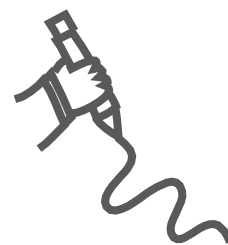


renowned /rɪˈnaʊnd/ *adj.* 有声望的；著名的

solo /ˈsəʊləʊ/ *adj.* 独自的；单独的

merge /mɜːdʒ/ *vi. & vt.* 融合；合并

accumulate /əˈkjuːmjəleɪt/ *vt. & vi.* 积累；积聚

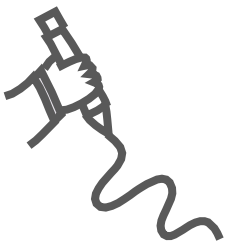


10

pave /peɪv/

vt. 铺路；(用砖石)铺(地)

pave the way to 为.....铺平道路，创造条件



IV.背核心短语

prior to

在.....之前的

consist of

由.....组成(或构成)

slice...off

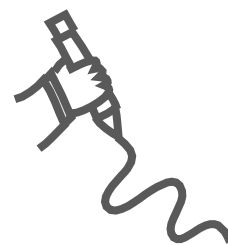
切下

regardless of

不管；不顾

relate...to...

把.....与.....联系起来



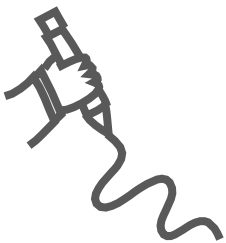
in many ways **在许多方面**

on the other hand **另一方面**

make up **组成；构成；化妆**

in other words **换言之**

be up to sb **由某人决定**

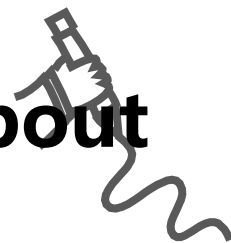


V. 悟经典句式

Prior to coming to China , my only experience with Chinese cooking was in America , with Chinese food that had been changed to suit American tastes.(had been done)

来中国之前，我只在美国接触过中式烹饪，那里的中国食物已被改变，以适应美国人的口味。

On the other hand , it does tell us a lot about Americans.(强调谓语动词)



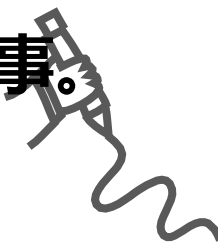
...I believe I will make new friends here , and there' s a lot to explore at senior high.(省略that的宾语从句)

.....我相信我在这儿会结交到新朋友，而且高中会有好多东西去探索。

4

Tim writes his parents an email every week and tells them what happened on the ship.(动词 + 双宾语)

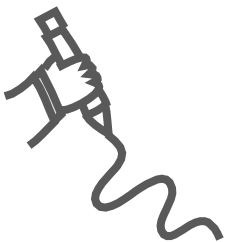
蒂姆每周给他的父母写一封电子邮件并且告诉他们船上发生了什么事。



5

And in America , people who receive 25% of their daily calories or more through sugar are twice as likely to die from heart disease than people who receive less than 10% a day.(倍数表达法)

在美国，每天从糖分中摄取25%或更高卡路里的人死于心脏病的可能性是日摄取量少于10%的人的两倍。



I .阅读单词

1.cafeteria

*n.*自助餐厅；自助食堂

2.pearl

*n.*珍珠

3.recipe

*n.*烹饪法；食谱

4.dairy

*adj.*奶制的；乳品(业)的

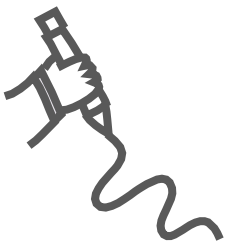
*n.*乳制品；乳品店；牛奶厂

5.brand

*n.*品牌

6.moderation

*n.*适度；合理



7.chew

vi.& vt. 咀嚼 ; 嚼碎

n. 咀嚼

8.ingredient

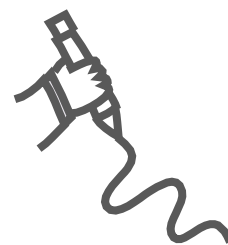
n. (尤指烹饪) 材料 ; 成分

9.vitamin

n. 维生素

10.vegetarian

n. 素食者



II.重点单词

1.bold

*adj.*大胆自信的；敢于冒险的

2.stuff

*vt.*填满；把……塞进

*n.*东西；物品

3.elegant

*adj.*精美的；讲究的；文雅的

4.minimum

*adj.*最低(限度)的；最小的

*n.*最小值；最小量



5. ideal

*adj.*完美的；理想的；想象的

*n.*理想；完美的人(或事物)

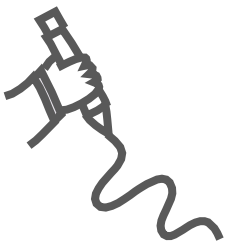
6. modest

*adj.*些许的；谦虚的；朴素的

7. fundamental

*adj.*根本的；基础的；基本的

*n.*基本规律；根本法则



8. category

*n.*类别；种类

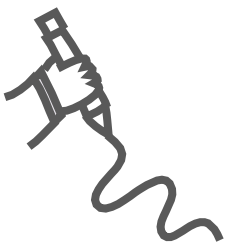
9. overall

*adv.*总体上；大致上

*adj.*全面的；综合的

10. quantity

*n.*数量；数额



Ⅲ.拓展单词

1. prior

→ priority

2. consist

→ consistent

3. trick

→ tricky

*adj.*先前的；优先的

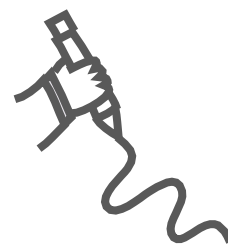
*n.*优先事项；优先权

*vi.*由……组成(或构成)；在于

*adj.*一致的；连续的

*n.*诀窍；计谋；把戏 *vt.*欺骗

*adj.*棘手的；难对付的



4. consume

→ consumer

→ consumption

5. stable

→ stability

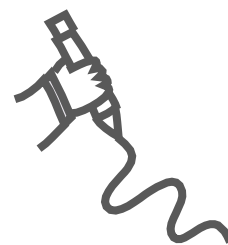
*vt.*吃；喝；饮；消耗

*n.*消费者；用户；客户

*n.*消费；消耗(量)

*adj.*稳定的；稳重的

*n.*稳定(性)；固定(性)



IV. 拔高词汇

1. evolve

vi. & *vt.* 逐步形成；进化

2. renowned

adj. 有声望的；著名的

3. overlook

vt. 忽略；未注意到；俯视

4. accumulate

vt. & *vi.* 积累；集聚

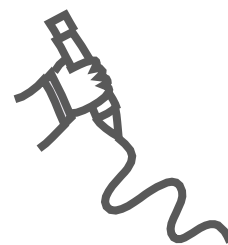
5. pave the way to

为……铺平道路，创造条件



V.核心短语

1. prior to 在.....之前的
2. in many ways 在许多方面
3. on the other hand 另一方面
4. in other words 换言之
5. be up to sb 由某人决定



I. 词形变化填空

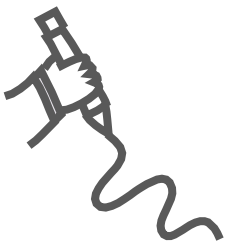
1. Success consists in the ability to make consistent efforts through failures. (consist)

2. The Student Association is organizing many physical activities, because associated is with exercise. (associate)

3. Experts advise consumers not to buy more groceries until they've already been consumed. This is called rational consumption.

4. We had to think ~~trick~~ of a _____ ~~tricky~~ to deal with this _____
problem. (trick)

5. All ~~the~~ ~~people~~ in the country ~~hope~~ that the agreement can
bring peace and _____, so they can live a _____
life. (stable)



II. 选词填空

consist of , regardless of , relate...to , make up ,
slice (...) off

what

the future holds.

2. Last month they made up the young man as an old man for the last act of the famous play.

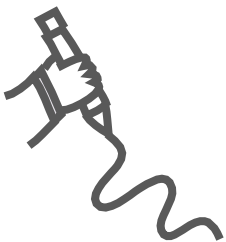
3. This adventure novel consists of ten chapters , the last of which impresses me most.



**consist of , regardless of , relate...to , make up ,
slice (...) off**

the bottom and cut off the sides.

5. The report seeks to relate the rise in crime to an increase in unemployment.



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<https://d.book118.com/906100024122010214>