

 Overview of Meniere's disease • Treatment of Meniere's disease Nursing of Meniere's disease Prevention and Health Care Case sharing and discussion





# Definition and Characteristics

Definition

#### Characteristics

It typically affects one ear, but can also affect both ears. Episodes are typically recurrent and can last for hours to days.





# Etiology and pathological mechanisms

Etiology

Pathological mechanisms





### Clinical manifestations and diagnostic criteria

### Manifestations

Symptoms include vertigo (a feeling of spinning or movement), dizziness, hearing loss, tinnitus (ringing in the ears), and a feeling of fullness in the ear.

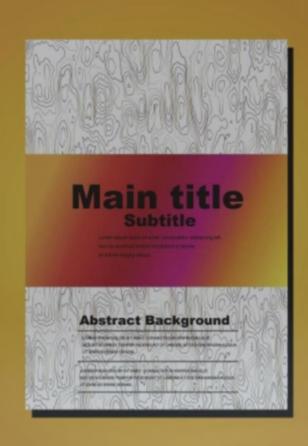
### Diagnostic criteria

Diagnosis is based on symptoms, physical examination, and ruling out other possible causes of dizziness and hearing loss. Tests such as audiometry and vestibular function tests can help confirm the diagnosis.





# Drug therapy



Diuretics

Anti-inflammatory agents



# surgical treatment

Endolymphatic sac decompression

Labyrinthectomy



# Other treatment methods

Rehabilitation therapy



Lifestyle modifications



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