



Unit 3

The world online

Extended Reading

新译林版版高中英语必修三新课件



Learning objectives

- **To read a blog post about living without a smartphone for a week;**
- **To design a public service advertisement calling for people to reduce their use of smartphones.**

Free talk

- 1. Do you have your own smartphone?**
- 2. How much time do you spend on it?**
- 3. What do you use your smartphone for?**



4. Are you an addict? Can you live a life without your smartphone? Why or why not?



If you are an addict, can you imagine what your life will be like without a smartphone for a week?



An American tries to stay away from his smartphone for 30 days. How did he do it? Let's watch a video.



Pre-reading

Read the title of the blog and answer the questions.

- 1. Do you think smartphone is a smart choice?**
- 2. Why did Alan use such a title for his blog?**
- 3. Guesss what Alan might talk about in his blog.**

He might talk about his experience of using his smartphone.

While-reading

What was Alan's life like before and after he stopped using his smartphone? Make a list of these differences.

Before

- Eyes were glued to the little screen whenever he walked down the street, had dinner with friends or lay in bed at night.
- The first thing he did when waking up in the morning was reaching for his phone.
- Always asked for Wi-Fi connections when he went to a new restaurant or coffee shop.
- A dead battery in his smartphone would make him feel stressed.

After

- Had time for reading, writing and exercise.
- Appreciated the beauty in life with his own eyes.
- Maintained offline relationships with both friends and family.

Find sentences in the blog that show what Alan learned from his experience of quitting using his smartphone for a week.

Those seven days have given me a great appreciation for life beyond the screen. Real life—and real relationships—are more important to me now. I cannot escape from the modern world, but I can cut back on the amount of time I spend on my smartphone every day, and I do. Life beyond smartphones is richer and more beautiful, and I am going to take advantage of it.

Discuss the writing techniques of this blog.

- 1. In which person is the blog written? Why?**
- 2. What are the first sentences of each paragraph?**
- 3. What do all the above sentences mean to Alan?
How are they presented?**
- 4. In what way did Alan show readers the changes in him after quitting using his smartphone for a week?**

5. Can you find the adjectives Alan used in his blog to show the changes in his feelings?

6. Which adjective do you think is the most impressive when it comes to showing positive changes in Alan? How do you understand it? Why?

1. In which person is the blog written? Why?

In the first person. To make the story more authentic and convincing.

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