

Unit 5•素养综合检测

I. 单项选择(每小题2分,共10分)

1. (2024江苏苏州高新区期末) Simon wants to have a healthy diet. He may have less C. (E7105001)

A. beef B. milk C. cola D. rice

解析 考查名词辨析。句意:西蒙想有一个健康的饮食。他可能喝更少的可乐。beef牛肉;milk牛奶;cola可乐;rice

米饭。根据“Simon wants to have a healthy diet.”可知,想要健康的饮食就要少吃不健康的食物。故选C。

2. (2024江苏无锡东林中学期末) She D finish the homework today. She may do it tomorrow.

A. needn't to B. doesn't need

C. needs not D. doesn't need to

解析 don't/doesn't need to do sth.意为“不需要做某事”,空处所在句主语She为第三人称单数,故选D。

3. (2024江苏江阴一中月考) Don't give sweet snacks to children A meals. It's not good for their _____.

- A.between;health B.between;healthy
C.on;health D.on;healthy

解析 句意:不要在两餐之间给孩子们吃甜食。这对他们的健康不好。between meals意为“在两餐之间”;their为形容词性物主代词,后接名词health。故选A。

4. (2024江苏扬州梅岭中学期末) —Every family can get C
 and every day for the cold winter.

—Sounds great. (E7105002)

A. half a kilo of banana; three cartons of milk

B. a kilo of bananas; three cartons of milks

C. a kilo of bananas; three cartons of milk

D. two kilo of bananas; three cartons of milk

解析 表示“半千克香蕉”应该用half a kilo of bananas, 排除A项; milk为不可数名词, 排除B项; two后面的名词kilo应该用复数形式, 排除D项。故选C。

5. (2024江苏宿迁期末) — B do you play with your dog every day?

—For half an hour.

- A. How often B. How long
C. How much D. How many

解析 句意:——你每天和你的狗玩多长时间?——半个小时。根据“For half an hour.”可知,此处是问多长时间。故选B。

II.完形填空(每小题2分,共20分)

(2024江苏靖江八校联考)

Tofu is a big part of our daily life. In a school dining room or a restaurant on the street, you always find tofu 6 the menu.

We can 7 many dishes with tofu, such as *mapo* tofu and stinky tofu(臭豆腐). Tofu is a healthy 8. It is 9 in soy protein(大豆蛋白), vitamins and minerals(矿物质). All of 10 are good for our health.

A story said that a Chinese cook made the 11 piece of tofu

over 2,000 years ago. He 12 gypsum(石膏) in a pot of bean juice. Then, the bean juice got 13 and became tofu. People in Western countries 14 like eating tofu. They sometimes call it “the cheese of Asia” 15 it looks like a block(方块) of cheese.

6.A.in B.on C.at D.of

7.A.wash B.draw

C.make D.open

8.A.food B.life C.look D.rice

9.A.big B.low

C.rich D.small

10.A.it B.us C.you D.them

11.A.first B.last

C.longest D.biggest

12.A.ate B.put

C.took D.wanted

13.A.bad B.hot

C.hard D.excited

14.A.also B.both

C.too D.only

15.A.or B.so C.but D.because

解析

[语篇解读] 本文主要介绍了豆腐的历史以及它的受欢迎程度。

6.B 句意:在学校的餐厅或街上的餐馆,你总会发现菜单上有豆腐。on the menu意为“在菜单上”。故选B。

7.C 句意:我们可以用豆腐做很多菜,比如麻婆豆腐和臭豆腐。make意为“制作”。故选C。

8.A 句意:豆腐是一种健康的食物。food意为“食物”。故选A。

9.C 句意:它富含大豆蛋白、维生素和矿物质。be rich in意为“富含”。故选C。

10.D 句意:它们都对我们的健康有好处。用them指代上文的soy protein、vitamins和minerals。故选D。

11.A 句意:一个故事曾说一名中国厨师在2,000多年前制作了第一块豆腐。结合句意可知,此处表示“第一块豆腐”,first意为“第一”,故选A。

12.B 结合语境可知,此处表示“在豆浆里放了石膏”,put意为“放”。故选B。

13.C 句意:然后,豆浆变硬,变成了豆腐。hard意为“硬的”。故选C。





14.A 句意:西方国家的人也喜欢吃豆腐。too意为“也”,用于肯定句句末;also意为“也”,用于句中,结合句意和此空位置可知选A。

15.D 句意:他们有时称它为“亚洲的奶酪”,因为它看起来像一块奶酪。结合句意可知,空处前后是因果关系,空后为原因,because意为“因为”,故选D。

III. 阅读理解(每小题3分,共15分)

(人与自我·健康生活)(2022四川广元中考改编)

Healthy Living Habits for Teenagers

Things to do	 Brushing teeth	 Drinking milk	 Going to bed	 Eating fruit
-----------------	--	---	---	--

Proper time (正确的时间)	After getting up and before going to bed	During breakfast	At around 22:00	After meals
Advantages (优点)	To reduce germs (细菌) in the mouth	To keep the body strong and help sleep well	To be good for a deep sleep	To keep the body strong

More tips	Brush the tongue while brushing teeth	Avoid drinking it when having a stomachache	Sleep for at least 8 hours every night	Wash fruit carefully before eating it
-----------	---------------------------------------	---	--	---------------------------------------

(E7105003)

16. What advantage does brushing teeth have?

A. It can keep the body strong.

B. It helps sleep well.

C. It can reduce germs in the mouth.

D. It helps have a good voice.

17. What's the proper time for teenagers to drink milk?

A. Before going to bed.

B. During breakfast.

C. After getting up.

以上内容仅为本文档的试下载部分，为可阅读页数的一半内容。如要下载或阅读全文，请访问：<https://d.book118.com/967055125142006200>